



Disciplines of Rest and Renewal:

Women in Ministry Retreat

Hybrid: Ocean Park Camp
and on Zoom

Save the Date: May 16-18, 2024

Rest and Renewal Facilitator: Ann Mayer, MDiv.

Additional sessions on Spiritual Direction, Therapy, and
Personal Retreats

Bring Items for the Resource Fair

Cost for Participation in person: \$200

Cost for Participation on Zoom: \$15

Registration and payment by April 2:

<https://shorturl.at/gFRW8>

Free Time

Crochet/Knit

Read a Book

Walk on the
Beach

Browse the
Resource Fair

Nap