

### #DEEP: CONVERSATIONS WITH THE SPEAKER

Join our speaker Dr. Leroy Barber for a deeper look into the theme of this year's CONVO.

### ASK THE PASTOR

What questions about church or faith leave you scratching your head? This workshop is an opportunity to ask Pastor Colin and explore some answers.

### BIBLE BASICS

We'll begin to crack the code to understanding one of the greatest books of all time, the Bible. How do we read, understand, and relate to it.

### BOFFING: FUN WITH FOAM...SWORDS

You have been cordially invited to join our melee, in which brave combatants shall battle with the finest foam swords we could make.

### BULLYING: HOPE IN A HOPELESS WORLD

We'll explore reasons young people feel down and desperate. How we, youth, can help and offer hope.

### CAMPUS CONNECTIONS: LIFE AFTER YOUTH GROUP

Explore the next steps in your faith after you graduate high school. How do you find a campus ministry? How is it different than youth group? Talk to some Campus Ministers and current college students to find out.

### COOKIES EDIBLE DECORATING

Who doesn't love a deliciously sweet and beautifully decorated cookie? In this workshop we will walk through decorating steps, demonstrate basic techniques, and then we'll practice on their own cupcakes or cookies.

### CRAFTS

Explore your artistic ability and bring your inner artist out at Convo 2019!

### DRAMA, GAMES & IMPROV

Here you will learn through various improvisational games how to think on your feet, take direction and work well with others in a creative setting. All are welcome, beginner to experienced.

### GAMES PUT IT ALL ON THE TABLE

Come join in some board games, card games, relax, and have FUN.

### GIFTS OF IMPERFECTION

Join this workshop as we explore the idea that if we let go of who we think we are or should be it will help us better embrace who we really are.



# WORKSHOPS

### HISTORY OF CHRISTIANITY

From Jesus telling parables on a hillside to 2.4 Billion Christians around the world. Explore the history of the Christian Church.

### IMMIGRATION

Understanding and sharing the stories of immigrants

### LABYRINTHS

Learn more about Contemplative Spirituality practices including labyrinths.

### LEARN TO BECOME A BETTER LEADER

Learn how to be a better leader in your church, in your school, in your community, and in the world.

### MARIO

Think you're the fastest racer behind the wiimote wheel? Compete in a **Mario Kart Wii tournament** in this Convo workshop.

### PEACE

A break down of the Anatomy of Peace, how to resolve conflict in a christ like manner

### PHOTO AND VIDEO STORYTELLING

This hands-on workshop explores the critical balance of artistic and technical knowledge that results in a compelling visual story. And yes, there is a scientific explanation to the rule of thirds! Minimum requirement: Camera Phone.

### RUGBY

Come join a game of touch rugby! Be a part of an energetic and fun atmosphere.

### SPIRITUAL SIRACHA

How to live your faith in a non-traditional way.

### ULTIMATE FRISBEE

Build teamwork and have a lot of fun playing Ultimate Frisbee with friends!

### YOGA, BE INSPIRED!

Why yoga? Yoga is different for everyone. It can enhance every part of your life: physically, emotionally and spiritually. Yoga brings balance and awareness to self and those around you. We will learn about breath, daily meditation practices, and compassionate communication