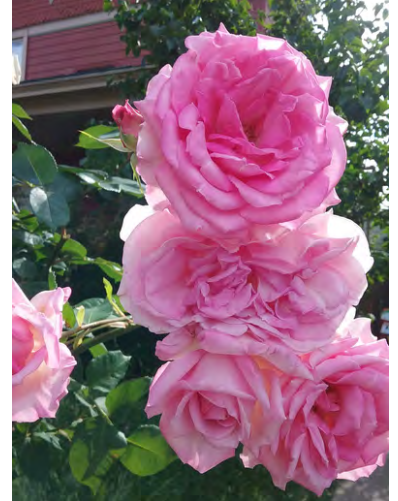


Crest to Coast Currents



*Summer
2026*



Crest To Coast President's Corner

Greetings from Crest To Coast District officers. After a rather mild Spring, summer is upon us, time to plan events from now into fall. Mission u is earlier this year, July 10-12 with a new venue, Lazy F Camp. It is a time for learning but also fun and fellowship in a church camp atmosphere. While May 27 was the deadline, you can still register into June. Please come for a great experience, meet new folks and re-connect with prior Mission u folks. Scholarships may also still be available if you check with the conference registrar. Information is in the Sharing Line and this issue of the Currants.

ave the date also for our Fall Gathering September 19, 2026. It will be in Shelton, WA. We are celebrating their new Unit and they will be our gracious hostesses. Isn't that great! This will give our ladies in the northern part of the district a chance to come with a shorter drive.

Registration and further information are in this issue. We will look forward to filling up Shelton UMC with UWF ladies and another fun experience. A light lunch will be served. Please come!

There is another Soul Retreat being planned also so watch for information coming up on that very soon.

Checkout our 2025-2026 program book and calendar on our United Women in Faith website as well as other information and helps. I hope you all have a wonderful summer enjoying family and friends.

Blessings,
Bev Thomas,
Crest To Coast District President



Treasurer's Update

To all of Crest To Coast Treasurers blessings on you and your units!

Wanted to share with everyone about 2nd Quarter
Deadline June 15, 2026.

Hope to receive some more Pledges for 2nd Quarter.

I also will be needing to know what your Pledge to Mission for 2027. I will be needing to know as I have been asked by Roberta Headley to provide the numbers before Mission u .

She will have to have the numbers for the Conference meeting at the Mission u Executive meeting!

As we all are aware that everything is going up, so if you could consider raising your Pledge by 5%.

I am sure we would appreciate it!

I also feel we would all find we would have "Blessings" beyond our wildest dreams!

We are adding a new Unit in Shelton UMC.

We will be celebrating with them on Sept 19, 2026 at our District Gathering!

Thank You all for your support over the past 3 years.

Your Sister in UWF
Eileen Costuck



Nominations

If you are interested in stepping up and join our district leadership team or, if you know of someone who might, please contact the Nominations chair, Gail Antijunti by phone or email.

E & I - New Program

We are all busy with Bible studies, cookie sales, program planning, and countless other UWF activities and projects. In fact, I just returned from Assembly in Indianapolis, and I met so many of our UWF sisters from around the country who are full of ideas. For example, I met the Minnesota Conference Reading Resources coordinator who told me about her five Zoom Book Club meetings that promote the UWF Reading Program and give UWF sisters from all over the state the opportunity to read and share books from the UWF book list.

And this is what the new RPM (Revolutions per Minute) program is all about-- Sharing ideas about programs, events, projects and activities. RPMs are revolutionary ideas that make a difference! At our annual gathering on September 19 in Shelton, we will hear these RPMs from all our Crest to Coast units.

The nine RPM topics are:

- R
 - Retreats
 - Reading Program
 - Resources
- P
 - Programs
 - Publicity
 - People
- M
 - Mission
 - Money
 - Membership

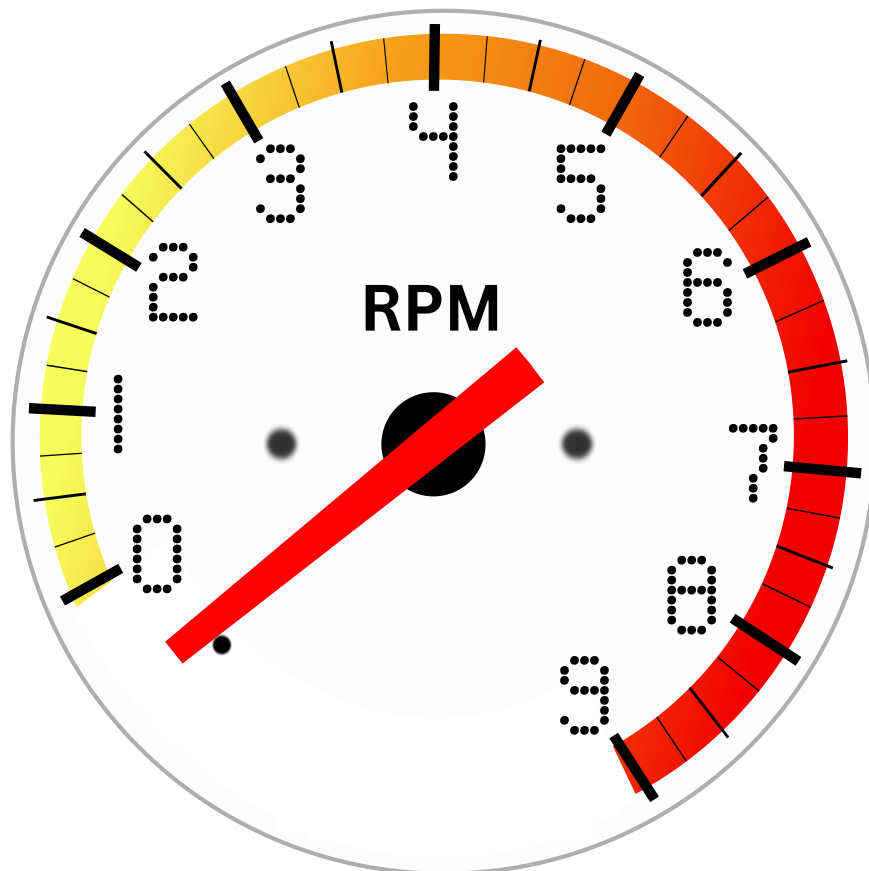


Several unit E&I coordinators have suggested that a simple form listing these RPM topics would be helpful. Since we only need one or two ideas from each unit, in the next week I will be emailing each unit a simple form to help with sharing an RPM story. Feel free to use the form or simply write up your RPM story.

Please forward your RPM story to me by August 1 so that we can pull together every unit's RPMs for our Annual Gathering in September.

If you have any questions, please contact me. My contact info is
Sheree Fitzpatrick,

Thanks for all that you do!





Dream It,



Believe It,



Live It



Crest to Coast District Gathering

Join us for the Crest to Coast District
Fall Gathering on Saturday, September 19, 2026
10am - 3pm - Light Lunch Included
at Shelton UMC, 1900 King St., Shelton, WA

Speaker - Orchard's Alliance

Cost for lunch and event \$10 per person



United
Women
in Faith



Dream It, Believe It, Live It - Crest to Coast District Registration

Registration Deadline: September 3, 2025.

\$10 per person

Mail or email the form and payment to:

Eileen Costuck

Name_____

Address_____

E-mail_____

UWF Office (if any) _____

Church_____

Celebrate- Nurture and Reach Out

Celebrate -Seventy years ago, this spring, the Methodist Church voted to grant women full clergy rights, the same rights, the same pension, the same voice as their male colleagues. It was a hard-won moment, arriving only after decades of organizing, petitioning and perseverance by laywomen and clergywomen alike.

United Methodist Women strongly supported the ordination of women. On our [pnwuwfaith website](http://pnwuwfaith.com) we have an example of how a seminary student was sponsored to attend Assembly and the influence this had on her such that she is returning to Assembly this year in her retirement. Another church in our District more recently supported a woman going to seminary. Ask your pastor to share her story with you. Did she receive inspiration and support from UMW?

In the Pacific Northwest Conference, today, 79 women serve in pastoral leadership across our conference, compared to 74 men, a majority that reflects decades of doors opening wider.

Almost every unit in our District has a female pastor. Please invite her to our Annual Gathering at Shelton. Of course, the two male pastors are also most welcome.

Celebrate at Shelton, the lives of United Methodist Women/United Women in Faith members who have died since our last gathering at Centralia in 2025.

Please send me their names and units by September 1 and come to Shelton to remember them.

Celebrate the new United Women in Faith unit at Shelton that is graciously hosting us for our Annual Gathering this year.

Reach out and invite someone to come to Shelton with you.

Joan Hackett, Membership, Nurture and Outreach Coordinator, C2C UW Faith

List of the bills passed for Social Justice

Bills Passed – Many of these we prayed for and contacted our representative and asked them to support. A thank you to them might be in order so I have attached the contacts again.

SB 5855 – The bill, now law prohibits law enforcement officers from wearing face-concealing coverings while on duty.

HB 2165 – Makes it a crime for people who are not law enforcement to wear badges or other law enforcement insignia.

HB 2105 - The bill, now law will enhance protections for immigrant workers by regulating how employers interact with federal immigration authorities during workplace inspections.

HB 2411 – The bill, now law, allows the use of shared leave for work absences if they are victims of hate crimes or affected by ICE actions.

SB 6002 – Now law, prevents ICE from using surveillance tools like automatic license plate readers.

SB 5906 – Passed into law in February, it restricts federal immigration agents (ICE) from entering "nonpublic areas" of schools, healthcare facilities, and ballot processing sites without a judicial warrant or court order.

Many of these we prayed for and also contacted our representative and asked them to support. A thank you to them might be in order so I have attached the contacts again.

Additional laws are not in place to support working families. Here is a list:

SB 6162 – change property tax structure so more seniors, veterans and people with disabilities can stay in their homes.

HB 1903 – will help low-income household manage rising utility costs

HB 2294 – protects access to groceries and medications by allowing grocery stores and pharmacies to reopen in vacant buildings. These are usually in low- or no-income communities.

HB 2296 – Makes energy efficient improvements more affordable by allowing customers to pay for them over time with their monthly utility bill.

HB 2242 – Ensures that preventative medical services like cancer screening and vaccines are available without out-of-pocket costs.

HB 1302 – Allows local governments to waive upfront utility connection fees

GET READY FOR MISSION U 2026!

**FRIDAY, JULY 10, AND ENDS SUNDAY, JULY 12
AT LAZY F CAMP AND RETREAT CENTER**

An intergenerational transforming mission experience in a camp-type setting.

Scholarships available: details on registration and scholarships are available online! Study books are available through Amazon. Type “United Women in Faith” in the search, and Amazon will direct you to the books. It is recommended that all adult participants order their book in advance. They are available now. The study books for Youth and Children are basically used by adults leading those sessions. If you work with children and youth in your own churches, I highly recommend purchasing one for use in that setting.



Registration, scholarship, and other forms are on the conference website. Be sure to go to our website. pnwumc.org/uwfaith/2026/01/11/mission-u-2/





Mission u Registration Form

July 10-July 12, 2026

(Friday 4:00 p.m. to Sunday 11:00 a.m.)

Lazy F Camp and Retreat Center

16170 Manastash Rd, Ellensburg, WA 98926,

REGISTRATION DEADLINE: May 20th, 2026

Name for Your Name Badge _____

Address _____

City _____ State _____ Zip Code _____

Home Phone _____ Cell Phone _____

Email Address Yes No If Yes, Email Address _____

Church _____

District _____ Conference _____

Status: Is this your first time attending Mission u? Yes or No

Check all that apply: Pastor/Clergy Lay UWF UMM

Are you a UWF Officer? Yes No Check all that apply: Local District Conference

Gender (optional) _____ Age Group: 6-12 13-17 18-35 36-55 Over 56

Children and Youth registrants: Completion of the [Medical Release Form](#) and the Covenant for Responsible Adult Form is mandatory for attendance. Youth must complete the [Youth Covenant Form](#). Find the forms here: www.pnwumc.org/uwfaith/mission-u-forms

Doctor or Healthcare Facility _____ Phone _____

Emergency Contact _____ Phone _____

Please have a list of any medications you are bringing to Mission u in your luggage or with you in case there is a medical emergency.

May we use your photo in promotional materials? Yes or No

Do you need a lanyard for your name badge? Yes or No

List All Food Allergies and Dietary Restrictions _____

ADA needs: Please share your challenges or concerns so we can assist you.

Registration Deadline May 20, 2026

Cost includes 2 nights' lodging and 5 meals.

Adults—\$150; Children (6-12) & Youth (13-17)—\$50

Make checks payable to Mission u.

Pre-payment is required. **NO payments are accepted at Mission u!**

PLEASE LIST FUNDING PROVIDED BY

Local Church or Unit UWF \$ _____ from: _____

District UWF \$ _____ from: _____

Conference UWF \$ _____ from: _____

Individual Donation \$ _____ from: _____

Participant Payment \$ _____ (Participants are responsible for the difference.)

Total amount enclosed: \$ _____

Please send the completed registration form and payment to Linda Mills at:

12431 SE 198th Pl, Kent, WA 98031

Email: wmil1218@aol.com; Cell phone: 206-399-2306

Please check where appropriate

Provide your own towel and bedding.

I require a Lower Bunk.

Skyline Cabin—Upper Bunk

Skyline Cabin—Lower Bunk

***SKYLINE ASSIGNMENTS ARE ON A FIRST-COME, FIRST-SERVED BASIS.**

Ridgeview—Upper Bunk

Ridgeview—Lower Bunk

Trading Post—Upper Bunk

Trading Post—Lower Bunk

Family Cabins along the Creek; (For Families Only)

Adult Study Book



The adult study book is [*A Deep Knowing: Experiencing Emmanuel Through Every Part of Our Lives* by Linda Louise Furtado](#). The book is available for \$14.99 on Amazon. Type "United Women in Faith" in the book search, and it will take you to the book. It is recommended that you purchase the adult study book in advance, as it will not be available for purchase at Mission u.

The Youth and Children study books are also available on Amazon, but they are primarily used by the adults leading those sessions.

Introducing Board Member Kay Richardson

Greetings to you, all my sisters, from Shelton, WA, the site of our September Annual Meeting. Our newly-formed unit is still wet behind the ears, but we eagerly anticipate meeting all of you who will attend and sharing the beauty and community of Shelton with you.

My name may sound familiar to some of you in Clark County because that's where I have lived most of my life. I grew up in Ridgefield (just a block from Deb Avery!) and attended the Ridgefield Methodist Church on 4 th St., one block from my grandma's house. My mom was a member (lifelong) of "Women's Society." She never called it anything else!

I have two daughters, one in Texas and one who moved several years ago to Poulsbo, WA, as my son-in-law took a position requiring them to move north. My husband, Terry, and I - now retired wanted to move closer and discovered Shelton to be as far north as we could afford to move!

We knew no one in Shelton at all. We loved the trees, the quiet, and the lack of the snarling traffic of Clark County. Hearing the train whistle in the early mornings brought tears to my eyes with aural memories of Ridgefield.

Shelton was endearing, but I still felt a bit lost. I had to find my people. So---I went to church.

Shelton UMC is a small but big-hearted church exuding lots of love! They have a heart for people and that's what I was looking for. After I had been attending for some time, I put out some feelers for forming a UWF unit. I learned they used to have a UMW unit but it went by the wayside during the pandemic and had not survived.

My feelers found upward of a dozen women who wanted to revive the unit and we now have met several times. This is a group of energetic, fun, and creative women who have great enthusiasm. I look so forward to what they come up with next! Even more so, they are interested in the mission of supporting women, children, and youth right here in Shelton and also beyond. As their leader, I just run the meetings---they have the ideas and inspirations!

I am amazed at what has happened -what God has laid before me-- to my life at this juncture and this age!

Again, we ALL here in Shelton look forward to hosting the District Gathering and greeting you at the door. We'll be the ones with coffee and a warm, welcoming smile.

Introducing Board Member Karen Jaeger

UWF Friends,

My name is Karen Jaeger. I am the newly appointed Crest to Coast Social Action Coordinator. When I moved to Hood River, OR it was a stroke of luck to find an active UWF unit across the river in White Salmon, WA and to be welcomed warmly by a dedicated group.

After I saw the vacancy for the social action position it took me many months to decide to move from the member-at-large position to volunteering for the social action job. Sometimes that's the way it is with action. Something comes along to prick your interest or stir your soul, a story, an OPB spot, a book, an incident, a friend's story, something in the worship service, but to get involved takes time before that prick moves you forward to say yes. Do I have time for something else in my schedule, do I have the energy, how would I go about getting started? Just know that whatever you are doing now or will do in the future, if it makes life better for women, children and youth it is social action. If you have the digital UWF or the UM Daily Digest you can read the inspiring message delivered at Assembly about saying yes and all it can mean.

Here's something you might want to think about doing over the summer. Here in the Gorge the Women's Action Network suggested that a good time to contact our representatives is when they are not in session. You can do this as a group or an individual. Choose an issue you wish for them to address. Send an email (they do count them), a postcard (we are sending hundreds from the Gorge Network), or make a call and leave a message. Make your focus short and succinct but clear. You might want to identify yourself as UM or even as UWF. The website for information, wa.gov/legislature will give you information about each person, their address and the bills that may be considered next session. You may want to look at these first before you send your message. And remember the UWF current justice campaigns: Just Energy 4 All, Ending Mass Incarceration and Criminalization of Communities of Color.

I know many of you are already involved in the legislative process so this is just a nudge. Our UWF purpose--turning faith, hope and love into action--gives us that little push each time we read it.

Act joyfully,
Karen Jaeger

Reading Program

It is time to start sending in your year end reports.

Reports are requested to be sent by August 10th. Absolute deadline is August 25th so that I am able to get my report up the chain in time.

What information is needed for an individual reporting directly to me:

1. Unit / Church
2. Name
3. Total number of books per category
4. Reading level achieved

What information is needed for a unit's report to me"

1. Unit / Church
2. Total number of books per category
3. Total number of readers (women, men, youth and children count)
4. Reader's Name and level achieved (Participant, Level #1, 2, 3, or 4)

Certificates are awarded to participants (smaller), and those who reach a level. There are 4 program reading levels.

- Level 1 - Read 1 book from each category
- Level 2 - Read 2 books from each category (the first 5 plus 5 more)
- Level 3 - Read 5 additional books from any category (15 books total)
- Level 4 - Read 5 additional books from any category (20 books total)

The categories for reading books are

- Education for Mission
- Leadership Development
- Nurturing for Community
- Social Action
- Spiritual Growth

There are other ways that you can get credit for the reading program.

You can also receive Reading Program reporting credit for:

- Listening to the Faith Talks podcast: 1 credit in Spiritual Growth for 2+ episodes
- Listening to the Voices From the Field podcast: 1 credit in Education for Mission for 2+ episodes
- Reading response magazine: 1 credit in Nurturing for Community for reading one year (6 issues)
- Being part of a Mission u or Keyhole Missiology study:
 - 1 credit in Spiritual Growth for reading a Mission u study on your own
 - 2 credits in Spiritual Growth for joining a Mission u study together with others, as a leader or participant
- Movies and television programs based on current Reading Program books are also eligible for credit. In determining the category for credit, identify the category of the original book and apply credit for the film to the same category.

Record the books that you have read on the official form or in any way that is convenient for you. What you need to report to your program resources person (or directly to me) is your name, church / unit, total number of books read, level reached.

Notes

- If you read the children's books to your Sunday school class or other child(ren) then you AND they get credit for the book.
- Children, Youth and Men are allowed to read as well. If their reading is reported, it adds to the credit given to your church / unit.
- If you do not belong to a unit, you can let me know your reading and I will get you credit and a certificate.

Lyn Milner

Program Resources

United Women in Faith

Our Vision

Turning Faith, Hope and Love into Action on behalf of women, children and youth around the world.

Our Mission

United Women in Faith seeks to connect and nurture women through Christian spiritual formation, leadership development, creative fellowship, and education so that they can inspire, influence and impact local and global communities.

We believe love in action can change the world

We have opportunities for membership within our local churches and individual membership “all access” to help women connect with other women around areas of justice, soul care, and spiritual growth.

We encourage you to explore the many opportunities for making a difference

Through our partnership with Faith Action Network, Legislative Advocacy events, our ongoing work addressing our Charter for Racial Justice, and our focus on justice issues such as breaking the school-to-prison pipeline, maternal health, food insecurity, climate care, and more, we continue to be challenged to ask the “hard questions” and take action individually, locally and globally.

[Spring Sharing Line](#)
[\(Conference Newsletter\)](#)

Calendar of Events

2026

May 15-17 - Assembly - Indianapolis, Indiana

July 10-12 - Mission u - Lazy F Camp, Ellensburg, WA

September 19 - C2C District Meeting - Shelton UMC, Shelton, WA

October 16-17 - Conference Annual Meeting -SeaTac District

You received this newsletter because you signed up to get it or because you are required to receive it due to the United Women if Faith communication guidelines

If you want to be removed from the list, please contact me and I will remove you if I can. If you are on the list due to an office you held, please let me know the contact information for who now holds that office. I want to make sure that the newsletter goes to the appropriate people.

Thank you, Lyn Milner.