

Crest to Coast Currents



*Spring
2026*



Crest To Coast President's Corner

Greetings, I hope you all are enjoying our rather mild winter weather. Get outside and take a walk, get some sunshine or just bask in the sun for a few minutes as the cold and rain will come back. We're at work again trying to start a few new Units and taking requests for Soul Retreats. We have added three members at large to our District that are without Units but wish to be part of our District and learn more about our organization. We are hoping they get involved and maybe become future officers.

We have about five members going to Assembly in May, a great opportunity to meet folks and learn what others in the country are doing as well as what is happening at the National level. We wish them happy travels and look forward to hearing what they have to share with us when they return. If you are unfamiliar with assembly, this is our big event, held every four years in various parts of the country. We always hear great reports from those who go.

Our PNW Conference newsletter, The Sharing Line is out for the first quarter of 2026.

I sent email copies to all the Units but if you would like a copy of your own, you can be added to the email list. Contact information is in the Sharing Line, or you can contact me or go to the UWF website.

Mission u has a new venue this year at one of our Conference camps, Lazy F in Ellensburg. WA. It will be July10-12 and the registration forms are already out. You can find them in The Sharing Line or on the UWF website. Our theme is "A Deep Knowing" based on the book "A Deep Knowing: Experiencing Emmanuel Through Every Part of Our Lives," by Linda Louise Furtado. All you need to know about Mission u is also in The Sharing Line. Mission u is a great experience, lots of fun and learning. Carpooling is suggested and makes it more fun to travel.

We have set our Fall gathering for September 19 in Shelton, Washington at Shelton UMC. Please put that on your calendar now. Registration forms will go out about June, more on the details later.

We still have a few officers spots to fill and would love to have you join us on the District Board. Just contact me or any officer, we can help you with the information. Our new District directories are just now going out so that will help you with contact information. If you notice errors or have additional information for us please contact our Secretary, Teresa Rivera. We try our best but it is difficult to get it 100 percent correct the first time it is printed. We hope to have a great 2026 and if you have any suggestions for us, please let me or any of the officers know. We want to hear from you and we hope to keep you informed of what is going on in the district. More to come in a few months in the Crest to Coast Currants. Have a Blessed Lent and Happy Easter as well.

Blessings,
Bev Thomas,
District President,
bevthomas@centurylink.net or 360-573-0399



Treadurer's Update

I just spoke with Roberta Headley, PNW Conference Treasurer. She suggested that our district deadlines should be by the 10th of each Quarter to me.

That way I can be sure to get our Pledge monies in time for her around the 15th of the Quarter.

Roberta Headley is asking us to make arrangements to have our 2025 accounts audited as soon as possible, before the end of 1st Quarter.

I look forward to hearing from you all in 2026.

God Bless you and your units.

Eileen Costuck, Crest to Coast Missional District Treasurer



Nominations Notice

Nomination could use volunteers for the following positions:

- Vice President
- Social Action
- A few more people for nominations.

If you are interested in stepping up or, know of someone who might, please contact the Nominations, Gail Antijunti by phone or email.

- Cell phone - 360-839-7599
- Land line - 360-256-5916
- email - AntijuntiGail@gmail.com

E & I - New Program

As we move into 2026, we look forward to learning and sharing ideas, events and projects through our new Revolutions Per Minute (RPMs) program. Each of our Crest to Coast units are moving forward in faith and mission, and we invite everyone to share those revolutionary steps with others.

The nine RPM topics are:

- R
 - Retreats
 - Reading Program
 - Resources
- P
 - Programs
 - Publicity
 - People
- M
 - Mission
 - Money
 - Membership



Let us know what your unit is doing in any of these areas so that we can share your activities and ideas with everyone. For more information, please contact Sheree Fitzpatrick, C2C E&I, at 360-921-6249, shereegf@gmail.com or Joan Hackett, PNW E&I, at 360-696-1615, revkeithjoan@hotmail.com

GET READY FOR MISSION U 2026!

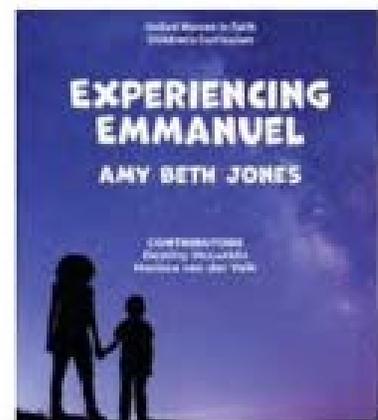
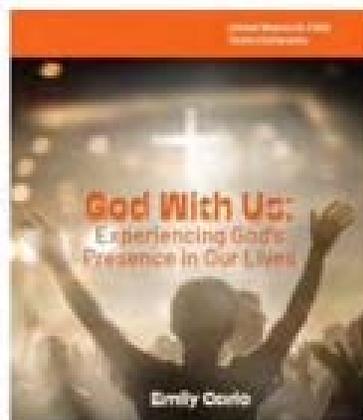
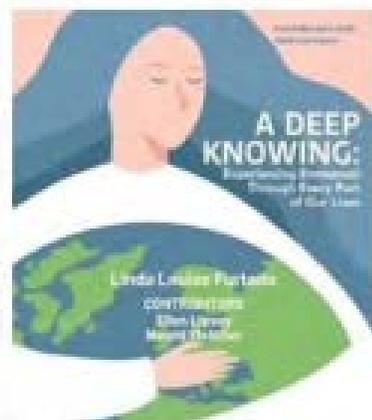
**FRIDAY, JULY 10, AND ENDS SUNDAY, JULY 12
AT LAZY F CAMP AND RETREAT CENTER**

An intergenerational transforming mission experience in a camp-type setting.

Scholarships available: details on registration and scholarships are available online! Study books are available through Amazon. Type “United Women in Faith” in the search, and Amazon will direct you to the books. It is recommended that all adult participants order their book in advance. They are available now. The study books for Youth and Children are basically used by adults leading those sessions. If you work with children and youth in your own churches, I highly recommend purchasing one for use in that setting.



Registration, scholarship, and other forms are on the conference website. Be sure to go to our website. pnwumc.org/uwfaith/2026/01/11/mission-u-2/





Mission u Registration Form

July 10-July 12, 2026

(Friday 4:00 p.m. to Sunday 11:00 a.m.)

Lazy F Camp and Retreat Center

16170 Manastash Rd, Ellensburg, WA 98926,

REGISTRATION DEADLINE: May 20th, 2026

Name for Your Name Badge _____

Address _____

City _____ State _____ Zip Code _____

Home Phone _____ Cell Phone _____

Email Address Yes No If Yes, Email Address _____

Church _____

District _____ Conference _____

Status: Is this your first time attending Mission u? Yes or No

Check all that apply: Pastor/Clergy Lay UWF UMM

Are you a UWF Officer? Yes No Check all that apply: Local District Conference

Gender (optional) _____ Age Group: 6-12 13-17 18-35 36-55 Over 56

Children and Youth registrants: Completion of the [Medical Release Form](#) and the Covenant for Responsible Adult Form is mandatory for attendance. Youth must complete the [Youth Covenant Form](#). Find the forms here: www.pnwumc.org/uwfaith/mission-u-forms.

Doctor or Healthcare Facility _____ Phone _____

Emergency Contact _____ Phone _____

Please have a list of any medications you are bringing to Mission u in your luggage or with you in case there is a medical emergency.

May we use your photo in promotional materials? Yes or No

Do you need a lanyard for your name badge? Yes or No

List All Food Allergies and Dietary Restrictions _____

ADA needs: Please share your challenges or concerns so we can assist you.

Registration Deadline May 20, 2026

Cost includes 2 nights' lodging and 5 meals.

Adults—\$150; Children (6-12) & Youth (13-17)—\$50

Make checks payable to Mission u.

Pre-payment is required. **NO payments are accepted at Mission u!**

PLEASE LIST FUNDING PROVIDED BY

Local Church or Unit UWF \$ _____ from: _____

District UWF \$ _____ from: _____

Conference UWF \$ _____ from: _____

Individual Donation \$ _____ from: _____

Participant Payment \$ _____ (Participants are responsible for the difference.)

Total amount enclosed: \$ _____

Please send the completed registration form and payment to Linda Mills at:

12431 SE 198th Pl, Kent, WA 98031

Email: wmil1218@aol.com; Cell phone: 206-399-2306

Please check where appropriate

Provide your own towel and bedding.

I require a Lower Bunk.

Skyline Cabin—Upper Bunk

Skyline Cabin—Lower Bunk

***SKYLINE ASSIGNMENTS ARE ON A FIRST-COME, FIRST-SERVED BASIS.**

Ridgeview—Upper Bunk

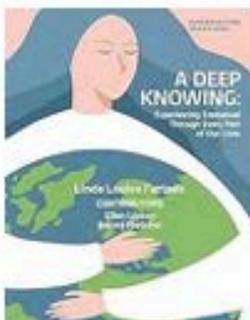
Ridgeview—Lower Bunk

Trading Post—Upper Bunk

Trading Post—Lower Bunk

Family Cabins along the Creek; (For Families Only)

Adult Study Book



The adult study book is [*A Deep Knowing: Experiencing Emmanuel Through Every Part of Our Lives*](#) by Linda Louise Furtado. The book is available for \$14.99 on Amazon. Type "United Women in Faith" in the book search, and it will take you to the book. It is recommended that you purchase the adult study book in advance, as it will not be available for purchase at Mission u.

The Youth and Children study books are also available on Amazon, but they are primarily used by the adults leading those sessions.



Keat Ban Yeoh

June 30, 1940 - January 31, 2026

Reverend Dr. Keat B. Yeoh, retired elder and beloved spouse of Jennie M. Yeoh, died January 31, 2026. He is survived by Jennie Yeoh at 1323 N. Bridgeview Dr., Tacoma, WA 98406; as well as their children John Yeoh (Seattle), James Yeoh (Tacoma) and Joyce Yeoh-Brockman (Palm Beach, FL).

Rev. Dr. Keat Yeoh started his ministry in 1965 with the Methodist Church of Malaysia & Singapore. He became a full elder of the Pacific Northwest Conference in 1976, serving at the following churches in the conference: McCleary, Satsop, Tacoma: Summit, Walla Walla District Superintendent, Seattle: Sand Point Community, Spokane: Audubon Park, and Kent. He retired in 2011.

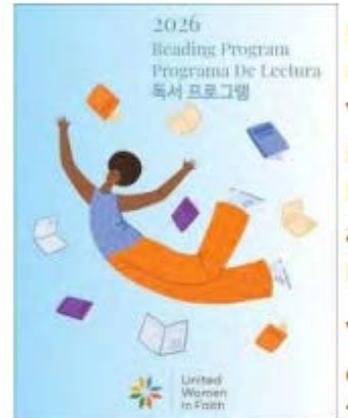
A memorial service is being planned for a future month.

Conference Board of Pensions • February 2, 2026

The Reading Program is for Everyone

Shared from the Conference Newsletter (The Sharing Line)

Dear United Women in Faith Members and Friends, We are delighted to announce the release of the 2026 Reading Program! It is available on the Reading Program webpage.



https://uwfaithresources.org/_prodDetail.cfm?productID=13204 The Reading Program is a beloved tradition with a powerful future. Through the Reading Program, members and friends of United Women in Faith read and grow together, engaging contemporary books on spiritual growth, social action, leadership development, nurturing for community, and education for mission. We are for readers (and listeners) of all ages, with titles available for adults, youth, and children. We have programs available in English, Korean, and Spanish.

You can get the books wherever you'd like. You can borrow your books from the local library or purchase them from the bookseller of your choice. If you're looking for a centralized spot to buy Reading Program books while earning cash back for the organization, you can do so at bookshop.org/shop/uwfaith. Finally, if you would like to stay in touch with the Reading Program throughout the year, including receiving invitations to author talks, book discussions, and volunteer opportunities, please join our email list [here](#).

Blessings,
Emily Jones

Assembly 2026

May 15-17, 2026
Indianapolis, Indiana

[Registration link](#)



JOIN THE CONFERENCE!
There has never been a more important time for women of faith to come together, tap into our strength, and unite to change the world. Assembly 2026 is that moment—a state-wide four-year gathering of women committed to faith, empowerment, and making a difference. Picture a weekend that uplifts your voice, strengthens your faith, and brings you together with an unbreakable sisterhood.

All United Women in Faith's 2026 Assembly, you can **SAVE UP TO \$100!**

SAVE FOR ASSEMBLY!
Start now! Calculate the costs as broken out below for your location and divide by \$100 monthly savings goals. Now it doesn't seem so daunting. The overwhelming majority of Assembly will make it worth every dollar.

Early Registration Get up to \$100 more from Faith Through May 30, 2026.

Meal Package Save from \$50 to \$100 per night for up to four people (includes breakfast).

Travel Expenses

Meal Expenses

United Women in Faith

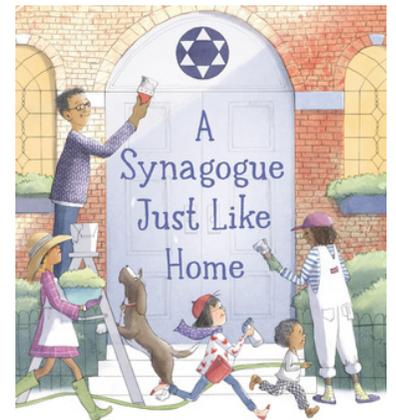
Program Resources

Here is the link to the page with the 2026 reading program catalog:
<https://uwfaithresources.org/prodlist.cfm?catID=2178>

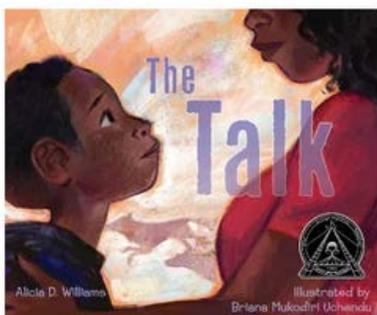
Both of these books count towards “Nurturing for Community.”

A SYNAGOGUE JUST LIKE HOME
ALICE BLUMENTHAL MC GINTY

In this book, the Rabi tries to take care of the whole building by himself. The results demonstrate the premise that you can't do it all yourself. Ways to ask for help / offer help are shown.



Alice Blumenthal McGinty illustrated by Laurel Molk



THE TALK
ALICIA D. WILLIAMS

This book follows a group of friends as they grow up showing the encouragement/advise they are given. It starts with encouragement to grow and believe in yourself and ends with how to behave when confronted by authorities.

Reading Program

Ladies, last year, only a few of you participated in this program. I was told that many do not understand what books are included, how to report, what is needed to get a certificate.

Certificates are awarded to participants (smaller), and those who reach a level. There are 4 program reading levels.

- Level 1 - Read 1 book from each category
- Level 2 - Read 2 books from each category (the first 5 plus 5 more)
- Level 3 - Read 5 additional books from any category (15 books total)
- Level 4 - Read 5 additional books from any category (20 books total)

The categories for reading books are

- Education for Mission
- Leadership Development
- Nurturing for Community
- Social Action
- Spiritual Growth

The full list of books with descriptions is available in a [pdf download](#).

Note: You / your unit do not need to own the book. Check your local library for many of the books. Most libraries have enough to reach either level 1 or 2. Books from the current year's catalog AND the last 4 catalogs count as long as you haven't already read them. Bonus books count double - read one book and get credit for two!

Link to the [2026 Catalog is here](#)

[Recording Form Link](#)

Full reading program list plus what books available at local libraries.

- FVRL - Fort Vancouver Regional Library
- TRL - Timberland Regional Library
- PCLS - Pierce County Library System
- Smaller libraries in the area will be added as time allows.

Please Note: People who do NOT have access to a local library paid by their taxes can get a Non-Resident card. They will have to pay for it.

There are other ways that you can get credit for the reading program.

You can also receive Reading Program reporting credit for:

- Listening to the Faith Talks podcast: 1 credit in Spiritual Growth for 2+ episodes
- Listening to the Voices From the Field podcast: 1 credit in Education for Mission for 2+ episodes
- Reading response magazine: 1 credit in Nurturing for Community for reading one year (6 issues)
- Being part of a Mission u or Keyhole Missiology study:
 - 1 credit in Spiritual Growth for reading a Mission u study on your own
 - 2 credits in Spiritual Growth for joining a Mission u study together with others, as a leader or participant
- Movies and television programs based on current Reading Program books are also eligible for credit. In determining the category for credit, identify the category of the original book and apply credit for the film to the same category.

Record the books that you have read on the official form or in any way that is convenient for you. What you need to report to your program resources person (or directly to me) is your name, church / unit, total number of books read, level reached.

Notes

- If you read the children's books to your Sunday school class or other child(ren) then you AND they get credit for the book.
- Children, Youth and Men are allowed to read as well. If their reading is reported, it adds to the credit given to your church / unit.
- If you do not belong to a unit, you can let me know your reading and I will get you credit and a certificate.

Lyn Milner

Program Resources

360-609-0503

lmilner2016@gmail.com

United Women in Faith

Our Vision

Turning Faith, Hope and Love into Action on behalf of women, children and youth around the world.

Our Mission

United Women in Faith seeks to connect and nurture women through Christian spiritual formation, leadership development, creative fellowship, and education so that they can inspire, influence and impact local and global communities.

We believe love in action can change the world

We have opportunities for membership within our local churches and individual membership “all access” to help women connect with other women around areas of justice, soul care, and spiritual growth.

We encourage you to explore the many opportunities for making a difference

Through our partnership with Faith Action Network, Legislative Advocacy events, our ongoing work addressing our Charter for Racial Justice, and our focus on justice issues such as breaking the school-to-prison pipeline, maternal health, food insecurity, climate care, and more, we continue to be challenged to ask the “hard questions” and take action individually, locally and globally.

[Spring Sharing Line](#)
[\(Conference Newsletter\)](#)

Calendar of Events

2026

May 15-17 - Assembly - Indianapolis, Indiana

July 10-12 - Mission u - Lazy F Camp, Ellensburg, WA

September 19 - C2C District Meeting - Shelton UMC, Shelton, WA

October 16-17 - Conference Annual Meeting -SeaTac District

You received this newsletter because you signed up to get it or because you are required to receive it due to the United Women if Faith communication guidelines

If you want to be removed from the list, please contact me at:

lmilner2016@gmail.com

and I will remove you if I can. If you are on the list due to an office you held, please let me know the contact information for who now holds that office. I want to make sure that the newsletter goes to the appropriate people.

Thank you, Lyn Milner.