



United Women in Faith

Timely Reflections

November 2025

INAND MISSIONAL DISTRICT

UNITED WOMEN IN FAITH

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WEBSITES: uwfaith.org

pnwumc.org/uwfaith

Save The Date



WFMUCW 15TH WORLD ASSEMBLY

25-29 AUGUST 2026

Auckland, New Zealand

Delegates & Visitors arrive on 24th and depart on 30th August 2026

THE PURPOSE

United Women in Faith seeks to connect and nurture women through Christian spiritual formation, leadership development, creative fellowship, and education so that they can inspire, influence and impact local and global communities

CALENDAR 2025

November 19 Scholarship app for Assembly Due to District

November 20 Scholarship app for Assembly Due to Conference

December Treasurers 2025 gifts to District Treasurer

2026

January 31 IMD Exec meeting zoom

February 6 IMD newsletter deadline

May 8 IMD newsletter deadline

May 9 IMD Exec meeting TBD

May 15-17 UWF National Assembly

July 10-11 Mission U @ Lazy F camp

August 1 IMD Exec meeting TBD

August 7 IMD newsletter deadline

IMD Annual Meeting-date TBD

November 5 IMD newsletter deadline

UWF National Assembly in

Indianapolis, IN

May 15-17, 2026

The Scoop

IMD UWF President article "The Scoop" for Timely Reflections Fall 2025

Greetings from Inland District! Fall is my favorite season- and we enjoyed a lovely day for our Sept 20th Annual District Gathering. Thirty women from all over our District gathered at Spokane Valley UMC for a day of business, remembrance, worship, education, and leadership development. Julia Peterson- of the conservation organization Evergreen Foundation- talked about being "the Stewards of Creation- the role of the feminine voice in climate awareness and beyond". We enjoyed yummy breads brought by our leadership team and a wonderful lunch made by the ladies of Spokane Valley Unit. We lovingly celebrated the lives of 17 of our sisters who passed in the preceding year, and thanked our 2 departing IMD officers, Patsy Charlton, and Charlene Mullis. Impressively, we had a brand new IMD member Nanette Zorn volunteer to become our new Social Action Chair at the meeting!

We had 8 units participating in our reading program this year- with 59 readers reading 428 books! Our District has elected to continue with the Mission Today program where each unit meets certain requirements to become a gold or silver star unit (6 units participated) and units are also awarded 5-star or 5-star+2 status based on their participation in giving via the 5 channels of giving for UWF. We had one 5-star unit (Clarkston) and four 5-star plus 2 units (Bonners Ferry, Community/CDA, Rockford, Spokane Valley). Additionally, we had 9 units complete requirements to be a member of the charter for Racial Justice. In total (as of 9/2/25) we have disbursed \$15,725.31 toward our pledge to mission goal of \$20,000.

In other exciting news, the congregations of Lewiston Orchards, Lewiston, Clarkston, and Asotin have combined to form the New Connections UMC! There is now a new United Women in Faith unit formed (from Lewiston, Clarkston, and Lewiston Orchards) and Asotin will remain their own unit for now. Remember that units do not have to be attached to a church and can meet anywhere they like. There can be power in combining the strengths of several smaller units- imagine how exponentially effective this new unit will be in spreading love, faith, and support to each other as well as to their community. Though we are going from 12 Inland Missional District units down to 10, I have faith that this merger will be a fruitful one for our UWF mission. Some of our units have been meeting together for programming, while maintaining their individual units' financial structure. Our 2026 Annual Gathering for Inland Missional District will occur on Sat October 3rd so we can include those of you who have had conflicts with our regular 3rd Saturday in Sept dates in the past. We will include a wonderful soul care program in the afternoon! Location to be determined.

Finally, I want to report that 9 of us from our district went to Bothell, WA for an enriching PNW conference Annual Gathering OCT 17-18th. We had a great time and got to have an engaging conversation with our own UMC Bishop Cedric Bridgforth in addition to UWF National President Jana Jones! The bishop challenged us to stop trying to get young people to "come to us" and start "going out to them" where they are doing mission work that matters. Jana joined a panel including UWF PNW conference's new social action chair Cecille Corsillis-Sy and her daughter Nika discussing UWF as it heads into the future of mission work. We saw efforts like the "doll ministry" and collections of Christmas stockings for Tacoma Community House and Atlantic Street Center.

I sent a notification to local presidents about the May 15-17, 2026, National UWF Assembly Gathering in Indianapolis, IN. I hope you have or will consider going as it is a once in a lifetime experience (unless you've been to other Assemblies!). It is eye opening anytime you get outside your normal local unit and see just how much of an impact we are making. I hope you all have a wonderful Fall and a blessed Christmas!

Robin Gregory, President, Inland Missional District UWF



Madelyn Bafus, Kathy Johnson, Linda Hansen, Nanette Zorn, Melissa Jaquette,
Susan Henderson, Roberta Headley,
Tana Truscott, Suzanne Zabriskie, Gerrie Van Voorhis, Robin Gregory

District Annual Gathering

Saturday, Sept. 20, 2025 was a lovely day. 30 attendees and guests enjoyed good food and fellowship as well as learning about our national focus of *Climate Justice* and what we as women of faith can do to affect change in our communities to bring better and brighter futures to children, youth and women locally.

New officers for the coming year were installed. Memorials were honored for those women in the district who had passed this past year. Communion was served and worship included hymns and prayer for the coming year.

2025-2026 INLAND DISTRICT OFFICERS

PRESIDENT	Robin Gregory 16207 E 17th Ct. Spokane Valley, WA 99037 brentand robin@comcast.net	858-344-7462
VICE PRESIDENT	Melissa Jaquette 298 N Seeley St, Post Falls, ID 83854 missjaquette@gmail.com	208-921-2138
SECRETARY	Susan Henderson 13002 E 4th Ave. Spokane Valley WA 99216 nanahen6@comcast.net	509-924-5192 (h) 509-951-8525 ©
TREASURER	Roberta Headley 17008 E Bill Gulch Rd Mead, WA 99021 beancounter87@yahoo.com	509-238-7683 (h) 509-994-5208 ©
PROGRAM RESOURCES	Tana Truscott 2620 6th Ave Clarkston, WA 99403-1606 tntruscott@gmail.com	509-295-1626
COMMUNICATIONS COORDINATOR	Gerrie Van Voorhis 8919 N Mac Arthur Way Hayden, ID 83835 gerrievan@hotmail.com	208-625-7988

EDUCATION & INTERPRETATION	??	??
SOCIAL ACTION	Nanette Zorn 2024 N Sipple Rd Spokane Valley, WA 99212 Nanguerry@yahoo.com	509-951-9220
MEMBERSHIP	Suzanne Zabriskie	253-332-4586
NURTURE & OUTREACH	9768 N Love Ct Hauser, ID 83854-5370 cstazabriskie@hotmail.com	
SPIRITUAL GROWTH	Kathy Johnson 1860 Frederickson Dr Clarkston, WA 99403-1169 kmjwvmo@gmail.com	304-667-4820
NOMINATIONS CHAIR	Linda Hansen 13406 E 14th Ave Spokane Valley, WA 99216 tweetiword@yahoo.com	208-620-0158

NOMINATIONS COMMITTEE MEMBERS:

Andrea Henderson 16122 E Valley Way Apt #B207 Spokane Valley, WA 99037 509-270-9686 alhenders1@gmail.com	Gerrie Van Voorhis (see above info under communications)
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PNW Conference Officers for 2025-2026 year

Marsha Aufenkamp

Cecile Corcilles-Sy

Roberta Headley

Estella Wallace

Deb Avery

Madelyn Bafus

Kathy Johnson

Sharon Stovall

3Jenny Bygland

Marilyn Reid

Gail Simpson

4 Judy Dirks

Joan Hackett



PNW Conference
Display for
Atlantic Street
Center

SECRETARY

Attention Unit Presidents and Secretaries:

It's that time of year again! I am currently working on the **NEW 2025 INLAND MISSION-AL DIRECTORY**. Please send me updates for our new directory, including your officer list with contact information (address, phone, email), number of members in your unit, day and time of your meetings, plus the name of your pastor with his/her contact information by **DECEMBER 8TH**. This information is vital to maintain contact with your unit. I truly appreciate your speedy help in this endeavor!

Thank you for your help,

Susan Henderson

nanahen6@comcast.net

SOCIAL ACTION



Second Harvest – Mobile Pantry

Who benefits from the Mobile Pantry? Everyone. Whether you're a family stretching your grocery budget, a senior on a fixed income, or just hit an unexpected rough patch – Second Harvest is there to help. The schedule for the Mobile Pantry is set months in advance. It can be accessed at: <https://2-harvest.org/food-near-me/>.

Second Harvest helps with food insecurity in the Inland NW, covering over 51,000 square miles. They distribute approximately 80,000 meals per day. They partner with around 250 food banks and meal sites, they have over 8,000 volunteers annually and they provide over 11,000 weekend meal kits to kids.

It's so easy to get involved - you can go on their website and sign up for a volunteer shift or you can send a monetary gift to help purchase more food. Their recipe for ending hunger is:

At Second Harvest, we believe in rolling up our sleeves and getting to work. Our approach to fighting hunger is as unique as the community we serve – it's a blend of gratitude, determination, and a dash of scrappiness that keeps us moving forward, one meal at a time.

Nanette Zorn nanguerry@yahoo.com



Program Resource Report November 2025

Tana Truscott

Program Resource's Reflection and Gratitude for Inspirational Books 2025

Tana Truscott-Program Resource

I continue to be awed by the 59 UWif members of our district who read 428 books this year! Thank you for reporting back; we received kudos from Deb Avery, the PNC President at the annual meeting in October. For your information, please look at the November/December Response Magazine. The Reading Program takes center stage with 15 pages of information on the history of the program, and a review of some of the 2026 books, both children, youth and adult titles. Here is what piqued my interest: **Legacy: A Black Physician Reckons with Racism in Medicine** (Uche Blackstock), **Trash: A Poor White Journey** (Cedar Monroe), **Don't Look Back: A Memoir of War, Survival, and My Journey from Sudan to America** (Achut Deng and Keely Hutton), **The Book of Hope, A Survival Guide for Trying Times** (Jane Goodall and Douglas Abrams) , **The Personal Librarian** (Marie Benedict and Victoria Christopher Murray). Continue to read the Response Magazine. The October issue had impressive stories of faith in action through Soul Care. Many units throughout our nation are stepping up in love and purpose so share their stories proudly. Keep reading, learning, and believing!

Unit Treasurers

As we come to the end of this year, please submit your December gifts to the district treasurer as early as possible. And thank you to all of the units for your faithful giving. We are getting close to meeting our pledge for this year to the Conference.



Spiritual Growth

Soul Care+= self care + spiritual rejuvenation

soul Care is intended to offer space for fun, connecting with new friends, self-care, and spiritual rejuvenation. In 2026 there are such events at the district, conference and national level.

Mission u is to be July 10-12, 2026 at Lazy F Camp, near Ellensburg, WA. The theme “Experiencing Emmanuel” suggests a deeper dive, a spiritual exploration, into where and how we experience God’s presence, personal and communal. Mission u is designed as a multi-generational event. Children and youth are welcome with programs for these ages. Bring the grandchildren! Many Lazy F bedrooms include an in-room sink and a private bathroom. Beds are single but most are not set up as bunk beds. Is hotel your need/preference for sleeping accommodations? Such options are available within a 20 minute drive of the retreat. Mission u, at Lazy F Camp, is a time to pray, play and grow!

An Inland District Soul Care Retreat will be held during 2026. Do you have a passion for spiritual enrichment, connecting with vibrant women and being part of dynamic event planning? Reach out to Kathy Johnson (Spiritual Growth Coordinator) via email kmjwvmo@gmail.com or phone 304-667-4820 to learn more about playing a part in core planning with purpose! Experience is not required; willingness and enthusiasm are essential.

There is a special Soul Care Retreat Thursday, May 14th prior to Assembly 2026 (Indianapolis, IN). First time attendees are offered a reduced fee for the workshop when signed up during early registration which closes November 2025. Also, a number of Assembly workshops focus on mind-body practices, soul care circles, nurturing ourselves as we serve. Assembly is a “bucket list” experience to energize, unite with an unstoppable sisterhood and deepen faith. Remember to apply for scholarships through your unit, district and conference. <https://assembly.uwfaith.org/website/82390/scholarships/>





Register Now

Registering in November means better choice and peace of mind—plus time to organize your group. Your Assembly experience includes:

- Inspiring keynotes including Stacey Abrams and her mom Rev. Carolyn Abrams.
- Dynamic conversations with the Women in Leadership Panel.
- Worship rooted in justice and joy
- Workshops to build practical skills for your ministry and community
- The bookstore, the folk-art auction and so much more in the Exhibit Hall
- Connection with thousands of women—because when women of faith gather, we are unstoppable!

And don't forget that space in our Soul Care Retreat (pre-event)

[Register Today](#)

Soul Care Retreat (Pre-Event): Make space for you

Imagine stepping into Assembly 2026 feeling completely grounded and refreshed. We invite you to begin your experience with our 1-day **Soul Care Retreat** on **Thursday, May 14**, from **10:00 a.m. to 4:00 p.m.** at the **Indiana Convention Center** in Indianapolis.

In a demanding world that leaves many feeling stretched thin, this retreat offers a dedicated sanctuary—a haven to pause, truly rest, reflect on our current pace, and prayerfully consider how to move forward differently. This profound journey will nurture your mind, body, and spirit through a beautiful blend of spiritual formation and healing arts, guided by the wisdom of **Rev. Dr. Dionne Boissière**.

Together, we will engage in enriching practices designed to restore and reconnect you:

- **Inspiring guest speakers** such as Rev. Lizzie McManus-Dail, Rev. Gail Song Bantum, and Bishop Tracy S. Malone, offering proactive and relevant guidance.
- **Somatic movement** to help you ground and reconnect with your body, led by Laura Wise.
- **Transformative storytelling** and deep reflection with Ragghi Rain.
- **Soul-stirring music** to deepen spiritual presence, led by Chantilly Mers.
- **Circle conversations** for meaningful reflection, connection, and new friendships.
- **Aromatherapy creation**, where you can craft your own custom blend with a local aromatherapist to promote relaxation and clarity.

This is your essential time for sisterhood and spiritual renewal. Don't miss this perfect prelude to the main event!

Early registration discount available now! <http://uwfaith.org/assembly>

Even deeper discounted registration is available for first-time Assembly attendees.*

Already registered?: You're registered—amazing! Now add Soul Care (if you haven't yet) and invite a friend who needs this kind of rest.

P.S. Tickets for the Legacy Banquet are moving—don't wait if it's on your list.

*Through November 30, while spots remain.

Scholarship Application for

Event _____

Please check with your Local Church/UWF Unit and District UMW first.

Applicant Name: _____

Address: _____

City _____ State _____ Zip _____

Phone:(including Area Code) Home or Cell: _____

Email: _____

Name and location of the Church you attend: _____

Please list any funds you are receiving from:

Local Church name _____ amount \$ _____

Local UWF unit name _____ amount _____

District UWF name _____ amount \$ _____

Personal Check amount of \$ _____

Total \$ _____

The amount that you are requesting _____

Please complete and mail this Scholarship Application form along with your

Registration Form by Date: _____

Send To: _____

Address: _____

Email: _____

Phone: _____

For Inland Missional District Scholarship for attending Assembly it is

urgent to apply by November 19, 2025

e mail to: beancounter87@yahoo.com

Lord's Prayer is about everyone having daily bread, and forgiving

Ikani Fakasiieiki, Pastor Liberty Park and St. Paul's United Methodist

Article taken from *The Fig Tree*, submitted by Sharon Stovall, Pacific Northwest Conference United Women in Faith Secretary

The lines from the Lord's Prayer, "Give us this day our daily bread. Forgive us our debts as we forgive our debtors," draw on the concept of God as a provider for the basic needs of human beings and emphasize the reciprocal nature of forgiveness. This expression acknowledges that divine providence is the provider of both spiritual and physical needs for humanity. Those needs go hand in hand. As in the time of the New Testament, people in our times are struggling to have food to meet their daily needs. Some have food on their table, but not healthy food. In addition to the concept of providing food, we can also talk about the basic things that humans need to survive—air, water and food. In our world today, we can include other essentials like housing, health care and electricity.

In addition, when we talk about air, water and food, we are talking about clean air, clean water and healthy food. Everyone is entitled to have these basics to live a good life. Our calling as Christians is to help each other and provide food, resources and assistance for our fellow human beings. To provide healthy resources we have to protect our environment so everyone, including our children can access them now and in the future. Daily bread is not only about daily food. It is also about survival, continuity and endurance for us as individuals, communities and the world.

The Christianity that Jesus brings is described in Matt. 25 as caring for the poor, feeding the hungry, giving drink to the thirsty, clothing the naked, welcoming foreigners and refugees, healing the sick and visiting prisoners. It is about showing our love for God and living in harmony with our neighbors. It is never about controlling people or about one supreme race dominating another.

Christ's body symbolizes the bread of life. The bread of life goes hand in hand with forgiveness—as the body and blood of Christ are used to offer forgiveness. Asking for God's forgiveness starts with our ability to forgive each other, because we all fall short. That is the reciprocal nature of forgiveness. God's forgiveness is linked to our willingness to forgive one another. Paul shares in Eph. 4:32, "Be kind to one another, tender hearted, forgiving one another, as God in Christ forgave you." There is a saving/healing power in forgiveness. Forgiveness has a double effect. When we forgive someone, our healing can begin and it also gives the opportunity for those we forgive to heal.

Everyone needs forgiveness at some point, because we all make mistakes. It takes courage to forgive. It is an act of true love. Our courage shows when we put forgiveness and love into action. When we fail to forgive, we continue to fill our hearts with anger, hatred and bitterness. It can destroy our lives, relationships, families, communities and country, too. In opening our lives and hearts for forgiveness, we are giving ourselves an opportunity to let go of the hard feelings and the burdens that we carry around with us. Sometimes the best thing we can do for ourselves and others is to forgive. As we are able to forgive, God will forgive us, too.

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