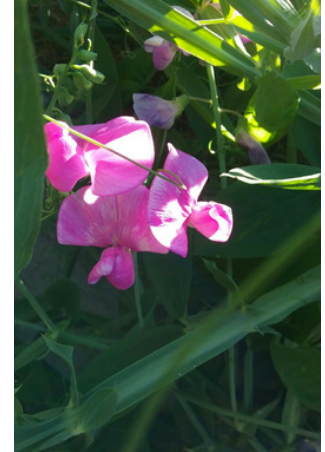


Crest to Coast Currents



*Spring
2025*



Crest To Coast President's Corner

Happy Winter to you all, hope you enjoyed the beauty of the snow we had, as long, as it doesn't last too long or cause too much trouble, right? I feel like we need a little to make it feel like Winter. Ok now for Spring. We have started our planning for 2025, still a work in progress. Watch for times, places and opportunities to take part in up-coming events. Our first one of the year was a Spiritual Retreat February 10 at Grays River UMC. Joan Hackett is organizing these events with the help of Sue Raymond who does part of the program on a Jewish MidRash (stories). She has several that the church can choose from. This one was on Martha and Mary. Deb Avery and Joan also participated in this one as did the ladies of the church. They provided coffee, tea and homemade desserts and lots of hospitality. It was fun to experience the small town church atmosphere where everyone knows each other. We had about 18 attend. This is one example of the Spiritual Retreats Joan and Sue have been working on. Part of the fun is to carpool which is what we did.

There will be another on March 10 at Stevenson UMC. I hope you will check these out and maybe sponsor one at your church. Joan, our M,N&O chairman would love to chat with you about these. Your church does not have to have a United Women In Faith Unit and you do not need to be a member. She will have more on this in this Newsletter.



Mission U is coming up again in July. It will be in Yakima again. They are great hosts. More details in this newsletter on that from Sheree Fitzpatrick. This is another great opportunity to learn, have fun and meet other Christian women with similar Interests

The PNW news letter, "The Sharing Line" is out. I have forwarded it on to the Units. If you didn't receive it and would like to please let me know and I will email one to you. You can ask to have it emailed to you quarterly during the year also. Lyn Milner is our great Program Resource person and publisher of our only news letter for the District. Keep up the good work for women, children and youth throughout the world and your community.

Bev Thomas, Crest To Coast Missional District President-
bevthomas@centurylink.net

From the Treasurer

As Treasurer of Crest to Coast Mission District I have information to share with all of the Treasurers and the deadline for 2025.

The Quarterly deadlines will be as follows:

1st - March 17, 2025

2nd - June 16, 2025

3rd - September 15, 2025

4th - December 12, 2025

The last Quarter I need earlier as Roberta Hadley, Conference will need time to get all the Districts processed.



The Pledge to Mission for 2025 is \$12,750.00 from all of us.

We were all very successful in 2024. I am looking forward to receiving your Pledge Giving in the coming year.

We are asking each of our units to contribute to get your 5 Star Certificate at our Annual Gathering in September.

Here are the 5 categories:

- Pledge to Mission
- World Thank Offering
- SPR Pin recognition
- Gift in Memory
- Gift in Mission

We still want you to purchase Love Ribbon cards & do Mission Magic offering, but UWF National Division has decided not to include them as a mission giving category.

This is all I have for now. Keep up the good work and I am always available to answer any questions by Text, Email or phone (360-605-4578)

Your Sister in UWF

Eileen Costuck

Treasurer C to C Missional District

“Soul Care Retreat”

Photos taken at the recent “Soul Care Retreat” hosted by women of Gray’s River UMC



Bev, Niis Bue (Longview, Carol. Women of Grays River provided amazing desserts to accompany our “sack lunches” we brought with us.



Barb (Longview) sharing history of Longview United Methodist Women created for the Silver Reflections Celebration.



Participants took time to reflect on Women who inspired them in their Faith Development



More reflection time.



Welcome and introductions



Sharing about “us”



Sue portrays Mary in the Mary and Martha Midrash



And we hear from Martha and her perspective



Joan welcomes us all as we begin our time together.

“Sharing Our Souls and Celebrating Women” at Grays River UMC, on Monday February 10 was a gathering of 17 women with well over half from the host church and visitors from Longview led by District officers of United Women in Faith. Snow around the church, holly trees and berries visible through the windows, sun over the Columbia River, sunbeams blinding Mary/Martha in the sanctuary, snowflakes and almost icy roads over KM Mountain at 760 feet and distant snow covered Willapa Hills are memories officers will treasure of this special day.

Sue Raymond portrayed Martha and Mary in the morning midrash, Grays River Covered Bridge sketches were colored before lunch, some hymns written by women were read as well as some of John Wesley’s opinions of women. Soul sharing about important women in our lives as well as the history of women’s work at Grays River, Skamokawa and Longview was heard.

Comments from some attendees

‘Very interesting, glad I attended’

‘Really enjoyed spending time with such a great group of women only. It’s special that Joan was so encouraging to the Grays River UMC to coordinate a women’s retreat and to be more involved with the UMW/United Women in Faith’

‘I would like to see these women’s retreats continue regularly. Wonderful way to encourage Spiritual Growth. I like women supporting women. This was very positive.’ Jeanne Braman

‘This retreat was fun. I had a lovely time meeting everyone and having fellowship with fellow Methodist women. The Mary and Martha lesson/presentation was really good... very well done. Made a great impression on me.’ Amy

‘Getting together talking and sharing creates a wonderful way of reconnecting and sharing experiences and finding ways to find support and help if needed.’

'Wonderful program-Mary and Martha midrash. The sharing of important women in faith development was touching and inspirational. Would love to have a program at Longview.' Barb and Niis

'I really enjoy women coming together and sharing our faith. Thank you so much for making this happen.' Noreen Fitz

'Sue is very talented. Her take on Mary and Martha is soo true. Making it easy to see how thoughtful and caring each of them is in their own way and sharing the love they have for each other in spite of their differences. This has been fun.'

The Executive Team of Crest to Coast United Women in Faith is offering retreats at any church around our District for all women who would like to attend. These are being planned for 9 to noon or 10 to 2.

Possible themes

- **Martha and Mary:** Retreat will focus on the different gifts and talents we bring to our faith lives.
- **For Such a Time as This:** Retreat will focus on discovering the gifts we have been given to use at a specific time to meet specific needs
- **Lessons Learned for Ladies Present in the Parables:** Retreat will focus on the three parables that Jesus used that had women characters

To reserve a "How Is It with Your Soul" retreat at your C2C church please contact Joan Hackett, Membership Nurture and Outreach Coordinator
revkeithjoan@hotmail.com

Or Sue Raymond Coordinator for Spiritual Growth
sueraymond@bellsouth.net

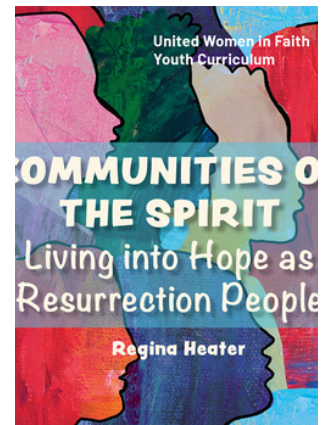
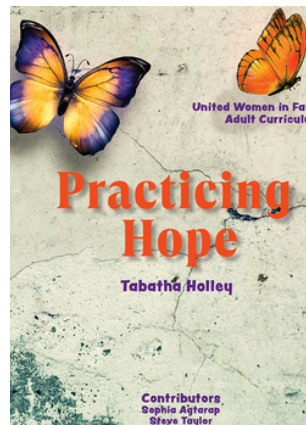
Joan Hackett, United Women in Faith Coordinator for Membership Nurture and Outreach

Mission U focuses on “Hope”

Every summer I look forward to Mission U. Fellow, fun, learning, spiritual growth, and of course, food. This year's Mission U is scheduled for July 24-25. Curriculum will focus on hope as the theme for the 2025 session using Tabitha Holley's book, *Practicing Hope Together*, for the adult class.

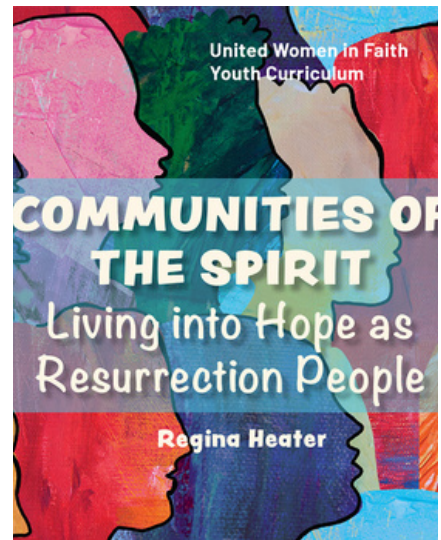
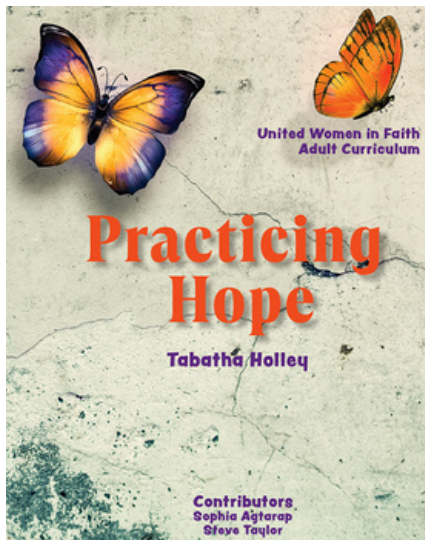
Always an educational and transformative event, Mission U will offer sessions and mission opportunities at Yakima's Wesley United Methodist Church. Books for the sessions, adult and youth/children, are available at the United Women of Faith's resource website page. More information on tuition and scholarships will be available soon. Jan Catrell, serving as Dean of Mission U, can be reached at jcatrell@yahoo.com.

Sheree Fitzpatrick
Education and Interpretation



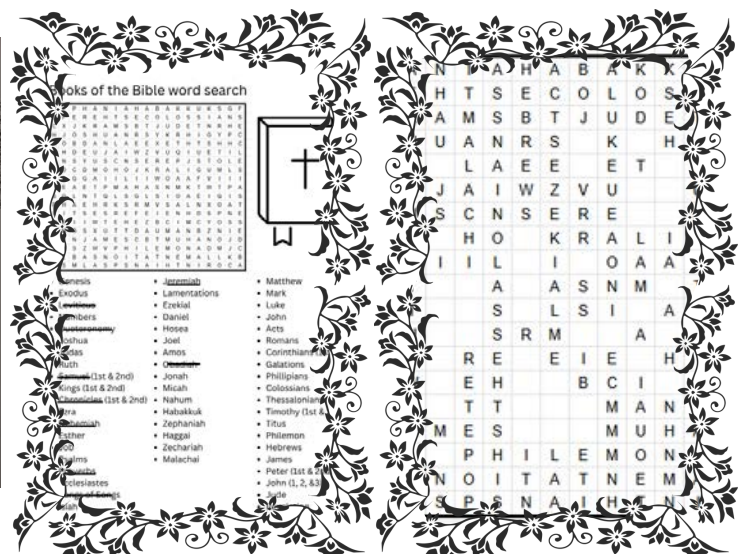
Program Resources

Mission u books are available now.
Follow the links to order your copy early.



- [Practicing Hope: Adult Curriculum](#) by Tabatha Holley
- [Communities of the Spirit: Living into Hope as Resurrection People: A Youth Curriculum](#) by Regina Heater
- [Hope as a Resurrection People: A Children's Curriculum](#) by Joni Cisowski

Here is some Bible fun for you. A crossword and word search with the books of the Bible. (Answers too.)



United Women in Faith

Our Vision

Turning Faith, Hope and Love into Action on behalf of women, children and youth around the world.

Our Mission

United Women in Faith seeks to connect and nurture women through Christian spiritual formation, leadership development, creative fellowship, and education so that they can inspire, influence and impact local and global communities.

We believe love in action can change the world

We have opportunities for membership within our local churches and individual membership “all access” to help women connect with other women around areas of justice, soul care, and spiritual growth.

We encourage you to explore the many opportunities for making a difference

Through our partnership with Faith Action Network, Legislative Advocacy events, our ongoing work addressing our Charter for Racial Justice, and our focus on justice issues such as breaking the school-to-prison pipeline, maternal health, food insecurity, climate care, and more, we continue to be challenged to ask the “hard questions” and take action individually, locally and globally.

[Spring Sharing Line](#)
[\(Conference Newsletter\)](#)

Calendar of Events

2025

July 24-25 - Mission u - Wesley UMC, Yakima, WA

September 20 - Crest to Coast Missional District Annual Meeting,
Centralia UMC

October 17-18 - Conference United Women in Faith Annual Meeting,
Bothell UMC, Bothell, WA

2026

May 15-17 - Assembly - Indianapolis, Indiana

You received this newsletter because you signed up to get it or because you are required to receive it due to the United Women if Faith communication guidelines

If you want to be removed from the list, please contact me at:
lmilner2016@gmail.com

and I will remove you if I can. If you are on the list due to an office you held, please let me know the contact information for who now holds that office. I want to make sure that the newsletter goes to the appropriate people.

Thank you, Lyn Milner.