

FLAME

Newsletter for the United Women of Faith Seven Rivers District Pacific Northwest Conference



Quarter 3, 2023



YOU'RE INVITED TO THE SEVEN RIVERS' UWF ANNUAL MEETING!

Clear up your calendar and block off September 16, 2023 when Seven Rivers' United Women of Faith gather for its annual meeting! It happens only once a year so don't miss it! It will be held at Wesley UMC Yakima from 9:00 am-3:00 pm. Interested? Registration form is available on page 5! Please get in touch with Nadine Griffin at phone number: 509-859-4125 or email her at nadinegriffin@yahoo.com. Registration Deadline is on September 2023. See you there!

MISSION U HIGHLIGHTS IN PHOTOS!

Let's relive the special moments (and there were many) during Mission U 2023 held from July 21-23 at Wesley UMC, Yakima. Carol Mills generously shares her photos and reminiscences of those blessed days with all of us.



Mission U delegates got a first-hand look at Wesley UMC's Recycling Program- the largest private recycling program in Yakima County. In 2022, the hard-working recyclers, mostly retired UMM, recycled more than 1,041,922 pounds of recyclables, over 520 tons! And, their efforts earned \$33,009.92. Mission U attendees then went out to the Recycling Center to break down cardboard boxes and sort cans. The children and youth especially liked climbing into the trailers and stomping the cardboard.



Long-time organizer (over 15 years) Forrest Smith directs Mission U attendees in preparing some 500-600 ham and cheese sandwiches that will be picked up by the Yakima Sunrise Rotary organization to be distributed to people in the Yakima area who are experiencing homelessness



Mission U delegates got guidance and expert advice from Wesley's Pete Olds as he explained all the components and the process of making Freedom Kits. Each participant got to bring home their completed Freedom Kit to show to members of their local church.



Bishop Cedrick Bridgeforth told us how he came to join the Air Force. While in high school, there was an announcement of an assembly during the 1st period. He'd get to miss 1st period Literature—he was all in. He found a great connection to the African American Air Force Recruiting officer and his future path to the Air Force was set. He did remind our youth, “Don’t skip your Literature class!”

Find United Women in Faith on:

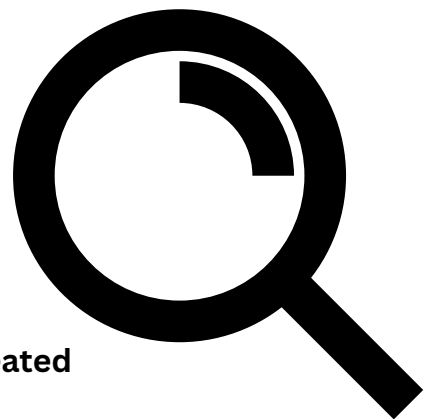
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SUMMER HAPPENINGS AT WESLEY UMC, YAKIMA

wesley united methodist church
of yakima



Each Tuesday, Wesley hosts a Freedom Kits of Yakima workshop. Jane Grandy and Virginia VanAmburg prepare fabric for making the several components that go into the Freedom Kits. Many women from the community come to share in the work and fellowship. There are numerous tasks for volunteers: cutting fabric, sewing, serging, ironing, folding, and then packing bags. Last year, a total of 3,190 kits were sent all over the world, so far this year over 1600 kits have been completed.



Chris Clark works with a quest to build a Lego train. In 2023, Wesley UMC began a new partnership with Foster First. Once a quarter, Wesley offers Foster Families a 4-hour respite to bring their children to Wesley for a Saturday afternoon of games, a movie, snacks, and pizza.



Join us in the Seven Rivers UWF Annual Meeting! To get started, please print the form and follow the instructions below. Questions? Please get in touch with Nadine Griffin at 509-859-4125 or email her at nadinegriffin@yahoo.com. Registration Deadline is on September 6, 2023. See you there!



United
Women
in Faith

SEVEN RIVERS UWF Annual Meeting "Seven Rivers is Happening"

September 16, 2023—Wesley UMC Yakima, 9:00 am-3:00 pm

Registration Deadline: September 6, 2023

Mail Registration form and check to:

Nadine Griffin: 706 S. 72nd Ave., Yakima, WA 98908

Phone: 509-859-4125 nadinegriffin@yahoo.com

Name _____

Address _____

City _____ State _____

Zip _____

Phone _____ e-mail _____

District: _____ Church _____

UWF Officer Y__ N__

Please list your local/District office.

Local _____ District _____

May we include you in published photos? Y__ N__

Registration fee: \$20 Paid: ____/____/2023

I need special diet – specify _____. I need baby-sitter service.

***Please bring a non-perishable food item to donate to the Food Bank.**

We look forward to seeing you.

Each year the PNW Conference selects a Social Action to focus on. Please consider the following and you will receive a ballot at check-in to vote.

- Climate Justice
- Economic Inequality
- Maternal & Child Health