

THE SHARING LINE

A PUBLICATION OF UNITED METHODIST WOMEN – PACIFIC NORTHWEST CONFERENCE

QUILTS FOR KIDS, VICE
PRESIDENT'S CORNER,
& NATIONAL LEGACY FUND

PAGE 2

EDUCATION &
INTERPRETATION – PAGE 3

RACISM, A CHALLENGING
BUT TIMELY SUBJECT

PAGE 4

IN MEMORY OF
NORIKO LAO – PAGE 5

MEET NEW CONFERENCE
OFFICERS – PAGES 6 & 7

TREASURER'S &
ENDOWMENT FUND
REPORTS – PAGE 8

MEMBERSHIP NURTURE
AND OUTREACH,
& FUNDRAISING – PAGE 9

2021 PACIFIC NORTHWEST
UNITED METHODIST WOMEN
CONFERENCE CALENDAR

PAGE 10

FORMATTING TIPS – PAGE 11

SPIRITUAL GROWTH

PAGES 12, 13 & 14

ALL THINGS BRIGHT AND BEAUTIFUL

"Then God looked over all he had made, and he saw that it was very good!" –Genesis 1:31a

HOW WILL OUR PURPOSE ADJUST TO THE NEW NORMAL?

In 2020 every United Methodist Women meeting was by Zoom. In January this was a response to winter snow blocking passes but before the snow melted COVID 19 blocked events. This was a new experience for me but I educated myself using the Zoom Help Center. United Methodist Women National provided resources and practice sessions invaluable for our virtual Zoom Annual Meeting on October 17. I was proud of our conference team in achieving a polished annual event with familiar components. I missed seeing people personally, but now I know we can respond to a challenge by holding safe gatherings with social distancing.

Our keynote speaker Sung-Ok Lee, Connectional Officer, from National United Methodist Women, focused on "Showing up! For the New Normal Together." She asked, will you go back the same way, will you show up? I pondered her questions for the conference and my local unit. Each September Trinity United Methodist Women normally reviews the

Purpose and evaluates how we are living out each component. In October we started meeting by Zoom but not all members could connect. How do we retain "a creative support fellowship"? By now we would be preparing for our fall fundraiser, but social distancing makes this impossible. What are our options for funding "mission"? What are your local units doing? When we return to "the New Normal" what will we have learned from this experience that can strengthen United Methodist Women.

Ja net' W. Crouse, President, United Methodist Women Pacific Northwest Conference

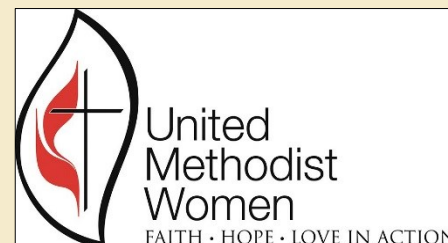
crousejw@crouses.com
509-884-8415 (landline)

For further information check out our United Methodist Women website:

pnwumc.org/umw

THE PURPOSE

The organized unit of United Methodist Women shall be a community of women whose PURPOSE is to know God and to experience freedom as whole persons through Jesus Christ; to develop a creative, supportive fellowship; and to expand concepts of mission through participation in the global ministries of the United Methodist Church.



QUILTS FOR CHILDREN AT RISK

Our Pacific Northwest Conference United Methodist Women adopted the quilt project in 1991 with units making quilts for “Children at Risk.” It is now a tradition that we display United Methodist Women Quilts each year at Annual Conference. All Quilts are a gift of love and will be

distributed through the District Presidents for Women, Children and Youth.

Thank you and Blessing to you and your local United Methodist Women unit and/or Church for making this project successful each year.

*Marsha Aufenkamp, — Seven Rivers President, Omak, WA
m.aufenkamp@gmail.com*



THE NATIONAL LEGACY FUND ENDOWMENT

The phenomenal efforts from over 50 Conferences across the country, donor engagement with our major gifts and Planned gifts (1869 Society) programs, along with Legacy Builder, and our new monthly giving initiative, we reached 52% of the campaign’s \$60,000,000 goal, with endowment generating over \$4.9 million in interest since 2014. It is money that is working FOR US!



Surpassing the half-way point of the campaign is an example of how bold women united around common purpose and mission can support each other to do great and wonderful things. There is still a lot of road ahead – yet with a new year, the future is hopeful, and possibilities are endless. Save the date, Tuesday March 23, 2021, our next annual Day of Giving

<https://www.unitedmethodistwomen.org/150>

*Marsha Aufenkamp Seven Rivers President and
Pacific Northwest Conference Legacy Liaison*

VICE PRESIDENT’S CORNER

Thanks to all who participated in our first ever Virtual Annual Meeting via Zoom. There were over 70 participants who took the journey with us to celebrate the past year’s accomplishments even though the COVID-19 Pandemic brought many challenges to all of us.

In 2021, we hope to gather in person at the Bothell United Methodist Church in Bothell, WA on October 15 -16. We are a flexible group and if meeting in person is not possible, we will use the Zoom application again. More details will be coming. If you have any ideas about what you would like to focus on, please let me or any of the Conference team know. We value your opinion. The social action priority for 2021 is Climate Justice.

Be safe throughout the rest of the year as we celebrate the holidays and pray for a vaccine to protect us all from the Corona virus.

Blessings and Peace,

*Linda Key,
Vice President*

EDUCATION AND INTERPRETATION

United by God's grace, all who read this, gather together with faith, hope and love to know God, to experience freedom as whole persons through Jesus Christ, to develop a creative, supportive fellowship, and to expand concepts of mission through participation in the global ministries of the church. By becoming a United Methodist Woman you have opened yourself to each of these elements. And, by doing so, as the keynote speaker of our Conference Annual Meeting, Sung-Ok Lee of National United Methodist Women, reminded us that through the work we do here in the United States and throughout the world we literally are saving the lives of women, children, and youth.

We are living in a particularly difficult time when the need is greater than ever. I would invite your local organization to research the Prayer Calendar or go on-line to www.unitedmethodistwomen.org, click on "What We Fund", and learn more about our National, International, and Regional ministries. Find the one that speaks to you and consider how you might be a part of that mission, whether it be through a material or monetary gift, or through prayer. As an example, my unit recently learned that the New Beginnings Navajo Center in Farmington, New Mexico, is opening a new daycare facility for resident moms who have found work but don't have a daycare option for their children. We recently sent 20 baby quilts for which they were very grateful.

If you meet by way of a Zoom meeting and have questions regarding Mission Interpretation and Education, I would love to participate in your meeting. I am newly elected to this position, and will work hard to support what you are doing, and provide answers to your questions. Finally, please note on your calendar the dates for Mission u, July 29-August 1st at Wesley UMC in Yakima. I look forward to meeting you there.

*Linda Hay — Education and Interpretation Coordinator
United Methodist Women Pacific Northwest Conference*

LINDA HAY RECEIVES CHARTER FOR RACIAL JUSTICE AWARD 2020

On October 17, 2020, at the United Methodist Women Pacific Northwest Conference Annual Meeting Ja net' W. Crouse, Conference president, presented the Charter for Racial Justice Award to Linda Hay. Rev. Joyce O'Connor-Magee described Linda's accomplishments:

LINDA HAY IS A WOMAN ON A MISSION!

Linda has a special call to work with her Native American neighbors. When employed by the Indian Health Service, she found an affinity for native culture and learned of their unique needs. With her congregation of Goldendale United Methodist Church, she reached out to the local Big River Youth Council (BRYC) that develops leadership within a circle of Native youth. Linda and others empowered BRYC to

send members to national conventions including the United Methodist Women Assembly in 2018. Youth stepped into leadership roles, many leaving small rural homes to experience large cities for the first time. Linda ensured funding for Native children to attend the church's pre-school. She helped the church provide tutoring programs for BRYC. She personally mentored Sarah Gould, who is now in her second year at the University of Washington – having won a 4 year Presidential Scholarship. Sarah has participated in Mission u and Annual Conference events. Linda feels like a proud momma!

Linda has served at all levels of United Methodist Women holding offices locally and in the Seven River's District. She organized mission teams to the Salt Lake City UMCOR Depot, worked in the church's soup kitchen, and set up offerings of "egg money" for missions with members literally exchanging farm fresh eggs for donations.

Linda's enthusiasm recently followed her to a new home in Walla Walla where she is working to reestablish units in the district and mentor existing units. She is missed in the Goldendale unit and congregation that she loved and challenged but she continues to contribute prayer shawls and quilts. She has been a wise and insightful friend.

Linda Hays is a woman of insight, determination and deep, infectious joy. Saying no to Linda's passion for ministry and mission is hard. And why would you? She makes mission not only possible but fun.

RACISM, A CHALLENGING BUT TIMELY SUBJECT

“Jesus Loves the Little Children, All the Children of the World, Red and Yellow Black and White. Jesus Loves the little Children of the World” This began my, and possibly your, education into the churches view of racial differences. This came to mind recently when, after a discussion at our United Methodist Women Pacific Northwest Conference Racial Justice Committee Meeting, I was asked to write an article on this topic for our United Methodist Women Conference Newsletter. There was talk about how people are growing tired of the demonstrations, confrontations, and violence that we have been seeing related to the long standing violence against people of color. Robin DeAngelo’s book, [White Fragility](#), has asked us to re-examine these feelings and, many more, about our feelings in regards to the ongoing outcry against racism. How tired people of color must be of the hundreds of years of mistreatment and prejudice focused on them. We must continue on our own journeys of educating and challenging ourselves into how we can be a part of the solution. As Robin DeAngelo points out, it won’t be easy and we may make mistakes but we must ask for forgiveness and continue on the journey.

Our denomination has made mistakes that the United Methodist Church has acknowledged and asked forgiveness for with our Native American, and Black and brown sisters and brothers. [Our Social Principles](#), II 162, III. A) Pp. 35, address the church’s stance.

“Women of United Methodist Tradition” have been working against racism since the late 1800s. (See [Racial Justice Timeline](#)). In 1941, the policy to only hold gatherings in places without any form of racial discrimination was adopted. [The Charter for Racial Justice Policies](#) was adopted in 1962 by the Women’s Division. It was later adopted by the General Conference upon the Women’s Division’s petition. We, as United Methodist Women, continue to work for Racial Justice through our [Social Action Priorities](#), most recently thru study of the School to Prison Pipeline.

In facing this challenge to grow in understanding of Racism and our part in it, the following scripture comes to mind.

“Let us not grow weary in well-doing, for in due season we shall reap, if we do not lose heart. So then, as we have opportunity, let us do good to all men, and especially to those of the household of faith.”

Galatians 6: 9 & 10.

I encourage all United Methodist Women units of our conference to use this challenge to become part of the Racial Justice Charter club by reading books on Racial Justice, discuss books read, take part in webinars offered, use resources found on the [United Methodist Women website](#), collect articles on this subject, and check out the videos on Racial Bias gently suggested by our dear friend and sister, Noriko Lao. These are found under [TED Talks on Racial Bias](#) on YouTube.

As a mother of a son I love dearly, this struggle was brought home to me by reading the book [Between the World and Me](#) by Ta-Nehisi Coates. He is educating his teenage son about the realities of growing up as a black boy in the U.S. I used to pray every time my son got behind the wheel of a car. I can’t imagine the fear a mother might have that her son would be shot just leaving the house. As women of faith let us continue the fight of making this a better place for ALL God’s children.

Sharon McDaniel — Social Action Coordinator United Methodist Women Pacific Northwest Conference

PACIFIC NORTHWEST CONFERENCE UNITED METHODIST WOMEN SOCIAL ACTION PRIORITIES

2021 VOTE OUT OF 94 BALLOTS:

- #1 Climate Justice 50
- #2 Maternal & Child Health 14
- #3 Mass Incarceration/ School to Prison Pipeline 13
- #4 Immigration 10
- #5 Economic Inequality 7

IN LOVING MEMORY OF NORIKO LAO AND HER LEGACY AND SHARING



Our hearts were saddened to hear the passing of our small but mighty Noriko Lao. She left behind a true legacy of selfless service to others. After retiring from the World Bank as a Senior IT Systems Analyst, she dedicated the next 20 years of her life in full service to those less fortunate. From working with the Red Cross as a case worker at major crises like 9/11 and the Fukushima disaster to serving with United Methodist Women and Habitat for humanity and working at grass-roots levels in her local community to aid the homeless.

Noriko Lao set a precedent in sharing. Sharing space in her own home to house people who were homeless. Sharing how to save up so they could get a place of their own. Sharing her time to volunteer with organizations like Habitat for Humanity in Whatcom County and Interfaith Coalition. Sharing her strength to help build homes for others. Sharing her entire home, giving all money from its sale to Interfaith Coalition as a legacy gift.

She lived an independent and active life and greatly enjoyed outdoor activities, in particular, hiking and cross country skiing with friends. She was ever-practical and efficient—those who knew her will remember

her traveling great distances with diminutive suitcase. Though focused and quietly contemplative much of the time, she also had a wonderful sense of humor.

She served on the Program Advisory Group for United Methodist Women National from 2012-2020. When legacy fund team were developed they selected her to represent the Western Jurisdiction. She was the fireball of compassion and love for United Methodist Women. She worked tirelessly, resolute and down to the last detail, she had the grace of making herself indispensable to the task at hand with her boundless energy.

She joined me for international mission trip—Creating Sacred space with Bartholda Manderville and Rev. Marlu Scott at Union Theological Seminary and Decker Memorial Foundation from April 22 – May 1, 2015. She did not stop or drop out of the mission project in spite of broken arm from a fall while at Lazy F. All of us were waiting that Sunday morning, and Jenni Yeoh prepared a small cake because her birthday is next week.

The Ruth Award 2017 was presented and awarded to her who came to the United Methodist Women at age 28 by way of Foundry United Methodist Church in D.C. She was introduced to the mission of the church through the vitality of United Methodist Women. She served in both conference and district positions, as a member of a team to Jurisdictional conference.

She stands for the rights of all people – for immigrants, for children and youth, for women young and old and for the inclusion within the United Methodist Church of members of the LGBTQ community. She acts globally and locally. Noriko has proclaimed “God is the Creator of all people. We are all God’s children. We must carry on our legacy of faith, love and action.



Her legacy of compassion and genuine love for her Lord is not etched in her heart but will echo in eternity. She was an inspiration and a witness. A tiny might with a giant heart for mission and United Methodist Women. May we follow her footsteps and carry on the mission inspired by her witness. May you be the wind beneath our wings and an angel looking down on us. You will be missed. We love you.

Marilyn Reid

MEET THE NEW CONFERENCE OFFICERS

JENNY BYGLAND COMMUNICATIONS COORDINATOR

I am a member of Kent United Methodist Church where I've worked since 2004 producing the newsletter, and have been the office administrator there since 2011. I also work on the Jamaa Letu Task Force as secretary and webmaster. I served as the Communication Coordinator for the Seattle District United Methodist Women for 4 years, 2008 to 2012; and continue to help the SeaTac District with producing the program for their annual meetings. I'm a third generation Washingtonian and grew up in Renton where I attended the Kenndale United Methodist Church. I and my husband Brian have been married for 36 years and have 2 adult children, Dana and Trevor. I enjoy quilting, rock collecting, drawing, cooking, gardening, reading science fiction and fantasy, and singing.

LINDA HAY EDUCATION & INTERPRETATION

My name is Linda Hay and I live in College Place, Washington. My husband, Mike, and I moved here last year after living 25 years in Goldendale, WA. We are still learning about our new community and liking it very much.

I grew up in Portland, Oregon. At the age of 17 I was hired by the US Army Corps of Engineers where I worked for about 15 years, culminating with the setting up of a field office where the remedial work after Mt. St.

Helens blew was managed. I worked at Ft. Sam Houston in San Antonio for 2 years and ended my working career at Indian Health Service where I was the senior contracting officer for all the sanitation work on 39 Indian Reservations throughout Oregon, Washington and Idaho. While I enjoyed all my various jobs, it was the last one that spoke to my heart. I learned about the injustices the Native communities have endured for years, about the lack of drinking water, housing, access to health care in some instances, etc. As a result of that experience, I connected with the Big River Youth Council, a group of middle and high school age youth in the Goldendale community. I raised funds so that they could attend national conferences where they learned about mental, physical and spiritual health, I helped them with scholarship applications, arranged tutors for them in subjects like math, science and reading. I miss that tremendously but still stay connected and do what I can from a distance.

Being a member of United Methodist Women for 26 years has provided education about other communities throughout the US and the world that live in similar conditions and has provided me a way to serve and support them. I have been a district president, treasurer, MN&O, and have grown from each experience. I am looking forward to serving on the Conference team and meeting you.

CAROL SPRAGUE MEMBERSHIP NURTURE & OUTREACH

I grew up in West Central Illinois in a Methodist home environment. My mother was active in WSCS and I remember her attending meetings and various United Methodist Women functions. My childhood centered around our church, Sunday School, and youth group meetings and events. That's where I memorized Bible verses for Sunday School and learned to roller skate with my friends in youth group on Sunday nights.

I attended a Bible college in Indiana for one year and then went to Western Illinois University where I graduated with a degree in English Education. After my husband finished his tour in the Marine Corps and graduated from college, we moved to Colorado where we lived for over 42 years. When we lived in Fort Collins, Colorado I became active in United Methodist Women at First United Methodist Church and had a wonderful leader in Margaret Hotze. After I retired in 2009, we lived in Southern Colorado where I served as Sunshine District Secretary of Program Resources for two years and was the local United Methodist Women President for several years.

We raised two boys in Ft. Collins and now have two granddaughters in Seattle and two grandsons in California, ages 10 to 2-1/2. We moved to the Wenatchee area in

(Continued on page 7)

(Continued from page 6)

January 2016 and I served as Seven Rivers District Treasurer for two years and in May, 2019, we moved to University Place to be closer to our family.

My hobbies are reading, sewing, flower gardens, playing the piano, traveling and enjoying my grandkids.

CAROL GRUEN NOMINATIONS MEMBER

I became a United Methodist Women member when my husband and I moved to Spokane, WA in 1966 and I met a wonderful couple at the Methodist Church, Gretchen Jones took me to my first School of Missions and I went every year for more than 10 years. As a stay at home Mom of two sons, it provided an opportunity for learning and being on the cutting edge of what United Methodist Women was supporting and involved in making life better for women and children worldwide. I have had the privilege of attending a number of Jurisdictional and National Assemblies. All unforgettable experiences.

I have held almost all local offices in United Methodist Women and have served as Treasurer for the Tacoma District for 6 years. I served 4 years on the Conference as Resource Coordinator and two years on Tacoma District. I have served on nominations on the Tacoma District.

I am currently the local United Methodist Women president and

struggling with how to reach our women and keeping them involved in what is happening locally and Globally.

I agreed to serve on the nominating committee because I believe strong leadership is needed and we all have a responsibility to do what we can to keep United Methodist Women a strong and viable organization.

JUDY DIRKS INLAND DISTRICT PRESIDENT

My United Methodist Women involvement goes back 35 years, beginning with that all-important personal invitation, but what I would say was my life-changing “moment” was my first School of Mission in 1995. Alone and unfamiliar, District United Methodist Women sisters embraced me, made me feel welcome and befriended. The journey from then to today has been one filled with amazing opportunities, challenges, and most of all precious friendships. Born in Topeka, Kansas; graduated from Indiana University in nursing; Bonners Ferry, Idaho has been my home for 59 years. 4½ years ago I lost my husband Larry after being married 55 years. Together we raised 6 children together, hosted several foreign exchange students, and fostered 12 children along the way, and now have 9 grandchildren with 5 Great-grandchildren. Besides family, several churches, United Methodist Women, and community responsibilities along with continuing to have a business, my garden and orchard are all special parts of my

life. Being a district officer, and now as president, helps me to remain connected to my United Methodist Women sisters on the district team, and throughout the Inland Missional District, and Pacific Northwest Conference. It has been my privilege to serve in several capacities on the local, district, and conference levels as well as Dean of Mission u one year. I believe saying “Yes” to the invitation to serve can bring challenges but also can help one grow spiritually and, just as our

TREASURER'S MESSAGE

A question was asked in the annual meeting on Saturday the 17th about what Missions means. The question was raised when we were talking about our Pledge to Missions. It was a very good question and one that I'm sure didn't get answered for that woman. So, I thought I would answer it here. The quick and simple answer is of course is the United Methodist Women organizations that serve woman, children, and youth around the world. In our state we have [Atlantic Street Center](#) and [Tacoma Community House](#) which are two United Methodist Women founded and supported organizations. [The United Methodist Women website](#) and [Response Magazine](#) have maps and the locations of United Methodist Women projects and the joint projects with other United Methodist organizations.

The United Methodist Women National organization acts as a steward of these funds which is disbursed according to its budget. Pledges to Mission, World Thank Offering, Gift in Memory, Gift to Mission, and Special Mission Recognition sent to the national office, fund the entire program of mission and leadership development. The budget is voted on and approved by a volunteer

*Kendra Smith — Treasurer for United Methodist Women
Pacific Northwest Conference*

board of directors who are United Methodist Women members and elected from the jurisdiction organization of United Methodist Women. Members were voted on this summer (by Zoom) in our Western Jurisdiction as well as the other jurisdictions. Estella Wallace from our Conference is one of three Directors from the Western Jurisdiction elected this summer; the others were Jana Jones from Mountain Sky Conference, Ainise Osama'u from the California-Pacific Conference. Marilyn Reid is our Program Advisory Group from the Pacific Northwest Conference.

If you want to know more detail about our organization, how it is set and how it functions, you can find more information in your United Methodist Women Handbook – section 2. The new Handbook has not been released yet but you can use the [2017 to 2020 United Methodist Women Handbook](#).

Thanks to all of you who donated by mail at the Annual Meeting. As of my typing, the Pledge to Missions total was \$1,430.00.

ENDOWMENT FUND

We did it! Our goal for 2020 was to reach \$100,000 by the end of the year. Well, it's time to put our hands together, and offer thanks that we have achieved this goal. YES!! Our balance at the present time is \$101,664.24!!

Blessings to our United Methodist Women units and individuals who have given a gift in honor or in memory of someone or simply made a donation. Thank you!! We can be proud of this achievement knowing the dividends from this higher balance will allow us to do more in helping women, youth and children throughout the world.

We will be looking for new ways to help others, so if you have a suggestion for someone or some group in your community, please let me know by the end of this year. My email is screttol40@gmail.com

[Donation Forms](#) can be found on the Pacific Northwest United Methodist Women website, www.pnwumc.org/umw

I would like to thank the Endowment Committee: Ja net' Crouse, Kendra Smith, Marsha Aufenkamp, Sara Culp, and our honorary members, Barbara Dadd Shaffer, and Barbara Kaiser.

*Suellen Crettol, Chair
Endowment Fund*

MEMBERSHIP NURTURE AND OUTREACH REPORT

This is my first article as the new 2021-2022 Membership Nurture and Outreach Coordinator for the conference newsletter. I moved to the SeaTac District area in May 2019 from the Seven Rivers District in Central Washington so I don't know many of you in the western Washington area but I am excited to meet you. I will be contacting all the District Membership Nurture and Outreach coordinators to introduce myself and get acquainted with you.

I will have my first Pacific Northwest Conference training in my position in mid-January so I will have more information on some of the ways we can work together to cultivate our membership within our churches. Please feel free to contact me with any questions or thoughts you may have. My phone number and email will be in the Pacific Northwest conference directory.

We are in challenging times right now but there are ways we can be a supportive community to each local unit. We can work together to provide information, ideas, and support to each other to keep our membership active and inspired to go forward.

Step by step we walk by faith.

Carol Sprague, Membership Nurture and Outreach Coordinator

719-406-1126
ces0204@gmail.com

FAIRWOOD UNITED METHODIST WOMEN'S FUNDRAISING IN THE COVID-19 ERA

Fairwood Community United Methodist Church's United Methodist Women held a very successful online quilt, craft and bake sale during the month of September since we had to cancel our normal in-person event. In recent years the quilt group has made from 40 to 60 quilts to be donated via the Pacific Northwest Annual Conference. Since Annual Conference was a Zoom gathering, the Leadership Team decided to try the online quilt sale.

We gathered photos of all the quilts that had been made (all 68 of them!), made up a name for each quilt (who wouldn't be intrigued by a quilt called Flower Power or Tropical Fantasy?). We used google photos to create an album of the quilts, along with size of the quilt and price and an album of craft and bake sale items. The most popular items in this part of the sale were masks (and baked goodies).

We used Square, an online sales tool to accept credit and debit cards. We advertised the quilt, craft, and bake sale widely to our church family, as well as on "Next Door," a neighborhood-wide social media presence, our church public and private Facebook pages, and we encouraged people to share the information with family and friends.

The success of this sale exceeded our wildest dreams. We netted over \$4,000 in sales! Our best EVER fundraiser for Fairwood United Methodist Women. We are thrilled that we will be able to fulfill our pledge to state/national United Methodist Women as well as provide support to multiple local organizations. We'd be happy to share details of setting up the google photo albums and using Square for sales. Please contact Jeanne Harmon, Fairwood United Methodist Women President at jharmon503@hotmail.com

WE WANT YOUR FUNDRAISING IDEAS!

COVID-19 has made it difficult for many of our United Methodist Women units to meet their fundraising goals. If your unit has hosted a successful fundraiser and would like to share the fundraising strategy that was used with your sisters, please contact Jenny Bygland at jbygland@kentmethodist.com. We may share it in our next *Sharing Line*.



2021 PACIFIC NORTHWEST CONFERENCE UNITED METHODIST WOMEN CONFERENCE CALENDAR

DATE	TIME	EVENT	LOCATION
January 16, 2021	9:00 a.m. – 12:00 p.m.	Conference United Methodist Women Executive Meeting	Zoom
January 28-30, 2021		Conference Leadership Dev. Days	Zoom
January 30, 2021	9:00 a.m. – 1:00 p.m.	Spokane Legislative Conference	Zoom
February 11, 2021		Washington Interfaith Advocacy Day	Zoom (?)
February 23-24, 2021		Idaho Legislative Day	Boise First UMC,
March 18-19, 2021		Spring Conf. United Methodist Women Executive Meeting	Lazy F Retreat Center, Ellensburg, WA
March 19-21, 2021		Spring Spiritual Day Apart	Lazy F Retreat Center, Ellensburg, WA
June 10-13, 2021		UMC Annual Conference	TBD
July 28-29, 2021		Conference United Methodist Women Executive Meeting	Selah UMC, Selah WA (?)
July 29-August 1, 2021		Mission u	Wesley UMC, Yakima, WA
September 2021		Puget Sound Missional District Annual Meeting	TBD
September 2021		Crest to Coast Missional District Annual Meeting	TBD
September 18, 2021		Inland Missional District	TBD
September 18, 2021		Seven Rivers Missional District Annual Meeting	Chelan, WA
September 25, 2021		SeaTac Missional District Annual Meeting	TBD
October 14-15, 2021		Fall Conference United Methodist Women Executive Meeting	TBD
October 15-16, 2021		Conference United Methodist Women Annual Meeting	TBD
May 20-22, 2022		Assembly	Orlando, FL
2024		Western Jurisdiction Quadrennial Meeting.	TBD

FORMATTING TIP: WORKING WITH TABS

When I served as the Communications Coordinator for the Seattle United Methodist Women a number of years ago, I wrote a number of articles about some of the tricks to better formatting, and a number of people told me they found them helpful.

When someone emails me a document, I've often noticed the use of spaces or tabs to create text that is lined up in columns. If you are doing a quick document where appearance isn't important, this can be the quickest way to go but it is not necessarily the best way if you want professional looking results. Below are some examples of why you shouldn't and how to use tabs for best results.

You can use spaces to line things up.

This Is Using Spaces
To Line Things Up.

This approach works fine but the words don't always line up exactly and changing fonts could affect how things line up. Here is the same example using a different font:

This Is Using Spaces
To Line Things Up.

Computers, like typewriters, offer preset tabs every 5 spaces which can be handy but can create a somewhat arbitrary look to your columns. Below is an example of using preset tabs:

This Is Using Preset Tabs
To Line Things Up.

A better way to control your spacing exactly is to set your own tabs where you want them. With proper use tabs are one of the most powerful tools in a word processing program.

There are several ways to set tabs.

Option 1: Use the Tab Menu:

In Microsoft Word click on the paragraph that you want to add a tab to with the right mouse button. This will bring up a menu that includes a *Paragraph* option. At the bottom of the menu is a button labeled *Tabs*. Click on this; it will open the Tab menu. From there, you can specify where, and what type of tab you want to set. Different types of tabs can be combined in the same paragraph.

Option 2: Use the Ruler: First you need to make sure your Ruler is open. In Word 2007 or newer you can select the *View Ribbon* and make sure that *Ruler* is checked.

Once the *Ruler* is open click on the paragraph you want to add a tab to then click on the bottom of the ruler; a tab will be added where you've clicked. Now you can hit the tab key and the text you add will align with your new tab (the preset tabs will be ignored).

Example of using user set tabs to line things up:


This Is Using User-set
Tabs To Line Things Up.


If you wish to change a tab position, simply click on the tab symbol, and drag it to the position on the ruler you want. You can remove unwanted tabs by dragging them off the ruler.


There are five different kinds of tabs available in Microsoft Word: *Left*, *Right*, *Center*, *Decimal*, and *Bar*. You can select these tabs in several ways.


Following Option 1 when you are in the Tab Menu, simply select the type of tab you want.


Following Option 2, you can either double click on the ruler which will open up the *Tab Menu*; simply select the type of tab you want. OR find the small white box at the top of the vertical ruler; it contains a black character. This character represents the type of tab that will be inserted if you click on the ruler. By clicking on this box, you will cycle through the varieties of available tabs.

- **Left tabs** align text on the left side and are represented by  (*Left tabs are the default type of tab*).

- **Right tabs** align text on the right side and are represented by 
Example: This Uses Right Tabs
To Line Things Up

- **Center tabs** align text by the center and are represented by 
Example: This Uses Center Tabs
To Line Things Up

- **Decimal tabs** align numbers by their decimal point and are represented by 
Example: 10,335.60
0.0005

- **Bar tabs** allow the insertion of vertical lines between text and are represented by . The example is combined with Center tabs

Example: of | Bar | Tab

Jenny Bygland
Communications Coordinator
jbygland@kentmethodist.com
206-794-3379

SPIRITUAL GROWTH

COVID-19 has taken its toll on all of us, but Jesus told us—

“Come to me, all who labor and are heavy laden, and I will give you rest. Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.”

—Matthew 11:28-30 ESV

Therefore, I’m inviting all to the 2021 Spiritual Retreat and “Join Owens in this captivating, sometimes humorous account of how he rediscovered seven “givens” of Christian spirituality:

- ♥ Reading the Gospels
- ♥ Meeting Jesus in Holy Communion
- ♥ Praying the Psalms
- ♥ Receiving and responding to Jesus with the body
- ♥ Sitting with God in silence
- ♥ Spending time with the poor
- ♥ Finding Jesus in church

SAVE THE DATE

MARCH 19-21, 2021
PACIFIC NORTHWEST CONFERENCE
SPIRITUAL RETREAT

“What We Need Is Here”

By: L. Roger Owens
At Lazy F Retreat Center In Ellensburg

Check out the Retreat Announcement and registration and hope to see a lot of you there. There will more information in the next Sharing Line

Take Care and Stay Safe

Fran Houser, Spiritual Growth Coordinator
United Methodist Women Pacific Northwest Conference

timandfran1952@gmail.com,
509-882-4239

2021 Pacific Northwest Conference United Methodist Women Spiritual Retreat



“What We Need Is Here”

Practicing the Heart of
Christian Spirituality
March 19–March 21, 2021

Lazy F Camp and Retreat Center,
16170 Manastash Road, Ellensburg, WA 98926

WHY ATTEND: Are you looking for an “ever-deepening relationship” with God? Are you finding challenges to growing spiritually? Plan to attend and let God be your Teacher in discovering the “givens” which will demonstrate how Jesus is enough. It offers just what you need to flourish in your life with God! Your days will include laughter, sharing, presentations, reflection, and worship. Take this time to retreat and find exactly what “you need” to draw nearer to God.

LEADER: Pastor Brenda Tudor – I credit the development of my church leadership skills to the United Methodist Women units and faithful who encouraged me to become an ordained elder. My passion is for social justice, education, and improving the lives of all people.

Book for required reading: *What We Need is Here, Practicing the Heart of Christian Spirituality* by L. Roger Owens, is available for purchase from Amazon.com. It will not be available at the retreat.

Ridgeview



Skyline



Trading Post



Registration Form

Name _____

Email _____

Address _____

City _____ State _____ Zip _____

Telephone _____ District _____

Family Doctor or Healthcare Facility _____ Phone _____

Dr. or Facility Address/City/State/Zip _____

Emergency Contact _____ Phone _____

Secondary Contact _____ Phone _____

If you are taking medications at this time and bringing them to the retreat, please attach a list of the medications.

Please list special needs, dietary needs or restrictions which would affect your participation:

Dietary Needs _____

ADA Needs _____

In signing this form, I hereby certify that this information is correct and complete as far as I know. I hereby give permission to the Retreat Leadership to provide routine health care, administer prescribed medications, and seek emergency medical treatment to include ordering x-rays or routine tests. In case of a medical need, I understand that every effort will be made to contact the above-named emergency contact person. In the event they cannot be reached, I hereby give permission to the physician selected by the Retreat Leadership to secure and administer treatment, including hospitalization. I agree to the release of any records necessary for insurance purposes. I authorize use of photos for future publicity.

Signature _____ Date _____

- ☐ \$99 Skyline Cabin Lower Bunk (includes towel, bedding, and 5 meals)
- ☐ \$94 Ridgeview Lower Bunk (5 meals, you will need to provide towels and sleeping bag)
- ☐ \$91 Trading Post Lower Bunk (5 meals, you will need to provide towels and sleeping bag)

Please List Roommates _____

Make checks payable to: Pacific Northwest Conference United Methodist Women

Send completed registration form with payment to:

Susan Chamberlain, 1004 NE 72nd St, #26, Vancouver, WA 98665

Email: susancchamberlain@yahoo.com

Phone: 360-859-3740

Scholarships are available. Contact Linda Key at lmkey1021@comcast.net

JOIN US ON FACEBOOK



Our FACEBOOK PAGE helps us promote upcoming District, Conference, Western

Jurisdiction and National Events. It is also a great place to share and learn about Social Issues and Action Alerts.

Help us utilize this tool in our mission work by sharing local events or social issues that you are aware of. Find this information and more at our website: pnwumc.org/umw.

OTHER UNITED METHODIST WOMEN RESOURCE ONLINE

www.UnitedMethodistWomen.org

Facebook.com/UMWomen

Facebook.com/pnwumw

Instagram.com/UMWomen

pinterest.com/UMWomen/_created/

[UMWomen Twitter.com/UMWomen](https://UMWomenTwitter.com/UMWomen)

Youtube.com/user/UMWomen

Flickr.com/photos/UMWomen

Oak Leaves Photo by [Daniel Frank](#) from [Pexels](#)

PACIFIC NORTHWEST CONFERENCE UNITED METHODIST WOMEN OFFICERS FOR 2021

President: Janet Crouse

Vice President: Linda Key

Secretary: Kelsey Julander

Treasurer: Kendra Smith

Communications Coordinator: Jenny Bygland

Education & Interpretation: Linda Hay

Membership, Nurture & Outreach: Carol Sprague

Program Resources: Janice Catrell

Spiritual Growth: Fran Houser

Social Action: Sharon McDaniel

Nominations Chair: OPEN

Nominations Member: OPEN

Nominations Member: Carol Gruen

Nominations Member: Rosanna Yates-Bailey

Nominations Member: Kay Shaben

SIGN UP FOR YOUR NEWSLETTER

THE SHARING LINE is the newsletter of the Pacific Northwest Conference United Methodist Women published four times a year. Complimentary copies are sent to the following: Pacific Northwest Conference leaders, local unit presidents, District officers, Conference officers, pastors and District Superintendents.

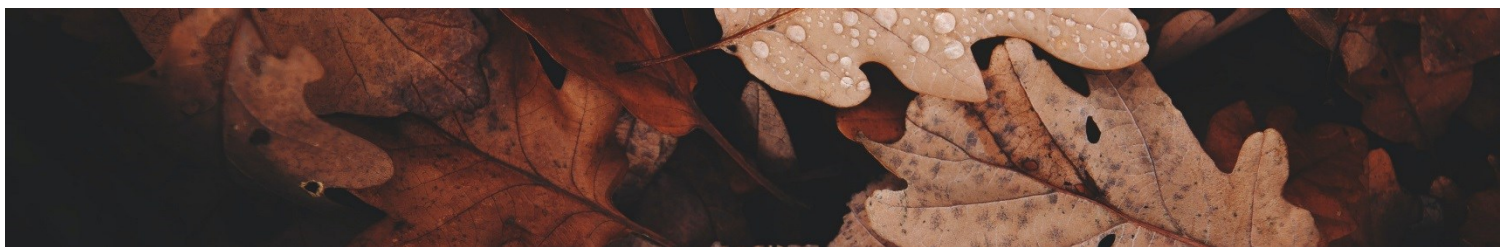
This newsletter is available online at pnwumc.org/umw. To receive email notification when new issues are published, or you wish to receive an email copy, send your email address to: Jenny Bygland at jbygland@kentmethodist.com

NEWSLETTER DEADLINE

Anything for the **February Newsletter** should be emailed to Jenny Bygland (jbygland@kentmethodist.com) by **Monday, January 18**. *Late articles will be included as space permits. No submissions will be accepted after noon on Wednesday, January 27.*

THE SHARING LINE

UNITED METHODIST WOMEN
PACIFIC NORTHWEST CONFERENCE
PO BOX 13650
DES MOINES WA 98198




THIS ISSUE

**2021 PACIFIC NORTHWEST
CONFERENCE UNITED METHODIST
WOMEN CONFERENCE CALENDAR**

PAGE 6

**REGISTRATION FORM FOR
SPIRITUAL RETREAT**

PAGES 8 & 9



I will sing to the LORD,
because he has dealt
BOUNTIFULLY
with me.

Psalm 13:6