A PUBLICATION OF UNITED METHODIST WOMEN — PACIFIC NORTHWEST CONFERENCE

### CHARTER FOR RACIAL JUSTICE

PAGE 2

NOMINATIONS NEEDED FOR RACIAL JUSTICE AWARD

PAGE 3

UNITED METHODIST WOMEN LEADERSHIP

PAGE 4

**VICE PRESIDENTS CORNER** 

PAGE 4

EDUCATION AND INTERPRETATION

PAGE 5

**CALENDAR** 

PAGE 6

TREASURER'S MESSAGE

PAGE 7

**SENDING GROUP EMAILS** 

PAGE 7

**SOCIAL ACTION** 

PAGE 8 & 9

SPIRITUAL GROWTH

Page 10

REGISTRATION FOR SPIRITUAL GROWTH RETREAT

PAGES 11-12

#### **ALL THINGS BRIGHT AND BEAUTIFUL**

"Then God looked over all he had made, and he saw that it was very good!" -Genesis 1:31 a

#### CHILLING AND WARMING EXPERIENCES IN JANUARY

When I lived in Delaware for 34 years, my husband and I always took visitors from the west to the Capitol. Often I traveled by Amtrak to D.C. for research at the National Archives. As a PTA leader I attended meetings and met with elected leaders to advocate for children and public education. I have warm memories of these experiences.

As a historian I decided to watch the electoral vote count in Congress on January 6. When I turned on C-SPAN, I was shocked to see that Washington D.C. was in lock down. Seeing violent rioters inflamed by President Donald Trump storm into the Capitol alarmed me. I watched them destroy property and threaten the lives of Vice President Pence and members of Congress in an attempt to overturn the results of the 2020 election. I am alarmed by the extensive preparations required to provide safety for the pending inauguration. For me this was a nightmare scene.

A week later I watched the House debate the impeachment of Trump. Impeachment is a rare and somber step. I was surprised when my representative Dan Newhouse joined eight Republicans who had the courage to vote for impeachment. Both days were depressing for me.

These events are a danger to democracy and are chilling. In contrast today is Dr. Martin Luther King Jr. Day, honoring a leader who organized peaceful protests for justice.

On January 15 I gathered by Zoom with the United Methodist Women Pacific Northwest Conference team for our winter executive meeting. I welcomed the warmth of these women. Despite the challenges in 2021 they remain committed to our Purpose and Vision for Faith, Hope, Love in Action.

Ja net' W. Crouse, President, United Methodist Women Pacific Northwest Conference

crousejw@crouses.com 509-884-8415 (landline)

For further information check out our United Methodist Women website: <a href="mailto:pnwumc.org/umw">pnwumc.org/umw</a>

#### THE PURPOSE OF THE UNITED METHODIST WOMEN

The organized unit of United Methodist Women shall be a community of women whose PURPOSE is to know God and to experience freedom as whole persons through Jesus Christ; to develop a creative, supportive fellowship; and to expand concepts of mission through participation in the global ministries of the United Methodist Church.

#### **CHARTER FOR RACIAL JUSTICE IN AN INTERDEPENDENT GLOBAL COMMUNITY**

Adopted by the 1980 General Conference of The United Methodist Church

#### **BECAUSE WE BELIEVE:**

- That God is the Creator of all people, and all are God's children in one family;
- 2.That racism is a rejection of the teachings of Jesus Christ;
- 3. That racism denies the redemption and reconciliation of Jesus Christ;
- 4.That racism robs all human beings of their wholeness and is used as a justification for social, economic, environmental and political exploitation;
- 5. That we must declare before God and before one another that we have sinned against our sister and brothers of other races in thought, in word and in deed;
- 6.That in our common humanity in creation, all women and men are made in God's image, and all persons are equally valuable in the sight of God;
- 7. That our strength lies in our racial and cultural diversity and that we must work toward a world in which each person's value is respected and nurtured;
- 8.That our struggle for justice must be based on new attitudes, new understandings and new relationships, and must be reflected in the laws, policies, structures and practices of both church and state;

We commit ourselves as individuals and as a community to follow Jesus Christ in word and in deed, and to struggle for the rights and the self-determination of every person and group of persons.

#### THEREFORE,

as United Methodists in every place across the land, we will unite our efforts within the church to take the following actions:

- 1.Eliminate all forms of institutional racism in the total ministry of the church, giving special attention to those institutions that we support, beginning with their employment policies, purchasing practices, environmental policies and availability of services and facilities.
- 2.Create opportunities in local churches to deal honestly with the existing racist attitudes and social distance between members, deepening the Christian commitment to be the church where all racial groups and economic classes come together.
- 3.Increase efforts to recruit people of all races into the membership of The United Methodist Church and provide leadership development opportunities without discrimination.
- 4.Establish workshops and seminars in local churches to study, understand and appreciate the historical and cultural contributions of each race to the church and community.
- 5. Raise local churches' awareness of the continuing needs for equal education, housing, employment, medical care and environmental justice for all members of the community, and to create opportunities to work for these things across racial lines.

- 6. Work for the development and implementation of national and international policies to protect the civil, political, economic, social and cultural rights of all people such as through support of the ratification of United Nations covenants on human rights.
- 7. Support and participate in the worldwide struggle for liberation in church and community.
- 8. Facilitate nomination and election processes that include all racial groups by employing a system that prioritizes leadership opportunities of people from communities that are disproportionately impacted by the ongoing legacy of racial injustice, and use measures to align our vision for racial justice with actions that accelerate racial equality.

#### **WHAT IS RACISM?**

Racism is the use of power for maintaining privilege and systematic discrimination through institutions and structures of society in order:

- To deny access to education, employment, housing, social services and other rights and benefits of society either by law or by custom.
- To perpetuate, solidify and guarantee the economic, political and social power of one group over other groups.

Racism can be easy to see or hidden, intentional or unintentional. Its impact is measured by its effects, not by personal motivations. Racism combines with other identity issues such as gender, economic status or national origin to multiply its effects.

#### WHERE DO WE FIND RACISM?

Racism may be present in many circumstances:

- At the individual level, you may feel fear, rage, distress, blocked.
- At the interpersonal level, you may experience relationships of destructive conflict or exploitation.
- At the institutional level, some groups tend to be barred from certain decision -making positions or levels.
- At the cultural level, one group sets the "norm" for everyone, and the values we pursue reflect a rejection of difference and diversity.

### WHERE DOES RACISM COME FROM?

In the 21st century, Christians living in the United States are heirs to the legacy of racism. This is a legacy of racism by the white European majority toward peoples of color within the United States and from other parts of the world. It is a history stemming from the earliest days of the nation to this very moment. For white Americans there is the legacy of white privilege, and for persons of color there is the memory of discrimination and prejudice. Today, the realities of globalization breed economic insecurity for all and manifest structural racism that thrives by deepening the tensions and competition between communities of color but results in more benefits for the powerful. In a global context, racism is at work everywhere.

The United States—a nation of many peoples of different races, nationalities, languages and cultures—is challenged to make the Charter for Racial Justice a charter for everyone.

The Charter for Racial Justice was created and adopted by the Women's Division (now United Methodist Women) of the United Methodist General Board of Global Ministries in 1978. In 1980 the division successfully recommended adoption of the charter by the whole

denomination. General Conference has consecutively readopted it, every eight years since, most recently in 2008. The charter continues United Methodist Women's urgent call for study and action on the principles and goals of its vision.

# WHO SHOULD RECEIVE THE UNITED METHODIST WOMEN PACIFIC NORTHWEST CONFERENCE RACIAL JUSTICE AWARD FOR 2021?

Each year the United Methodist Women Pacific Northwest Conference honors someone with the *Racial Justice Award*.

Who will you nominate from your district? Here are the instructions:

### UNITED METHODIST WOMEN RACIAL JUSTICE AWARD NOMINATION

The Committee on the Charter for Racial Justice of the United Methodist Women Pacific Northwest Conference is seeking nominees for the annual *Racial Justice Award* to be presented at the United Methodist Women Pacific Northwest Conference Annual Meeting in October 2021.

#### **CRITERIA ARE AS FOLLOWS:**

- Exemplifies the implementation (We Will section) of the Charter for Racial Justice
   www.unitedmethodistwomen.org/ racialjusticecharter
- May be an individual United Methodist Women member, a local unit, a district, or may be an individual or group from outside United Methodist Women.
- The activity may be a one-time event or on-going, but must have taken place within the last year.

#### FORMAT FOR NOMINATION:

- Name, address, phone number, and/or e-mail of Nominee(s).
- Name of Activity or Event.
- One or two paragraphs summarizing the individual or group activity and how it relates to the Charter for Racial Justice.
- Your name, address, phone number, and/or e-mail address.

Deadline to be returned to Ja net'
Crouse or Sharon McDaniel by June
1, 2021. Nomination may either be
mailed or e-mailed.

#### **SELECTION OF AWARD RECIPIENT**

Selection will be made by Racial Justice Committee at their July summer meeting.

This is a great opportunity to recognize persons who fulfill our Purpose and our Mission Today Charter for Racial Justice component in a significant way.

### Questions may be directed to Ja net' Crouse or Sharon McDaniel.

Ja net' W. Crouse 2124 Valley View Blvd. East Wenatchee, WA 98802-4078 crousejw@crouses.com 509-884-8415 (h) or 509-679-4087 Sharon McDaniel

501 Debbie Drive SW. Sedro Wooley, WA 98284-4359 Sharongarymcdaniel@gmail.com

360-724-3246

### UNITED METHODIST WOMEN LEADERSHIP: A SHOT IN THE ARM

"In these times of global change, there is no higher calling than to walk the path that Jesus showed us. Love God and neighbor, serve those in need, challenge injustice, and walk humbly with God."

--Missionary Conferences of the United Methodist Church in the United States by J. Ann Craig

At a time when local units may be struggling to remain active, accepting a leadership position on your district or conference team can be a shot in the arm for both you and your unit. Serving in United Methodist Women leadership beyond the local unit sets you on a transformative journey that can really ignite your passion for mission.

Linda Hay, new conference Mission Coordinator for Education and Interpretation, recently reached out in mutuality to Nome Community Center (NCC) (https:// www.nomecc.org/) to find out what its needs are. This United Methodist Women National Mission Institution was founded by the Women's Home Missionary Society in 1906 in what is now the Alaska Conference. Contact Linda or your district Education and Interpretation coordinator to find out how your unit can participate in this new outreach to our sister conference.

Now would be a good time to reread J. Ann Craig's book from the 2017-2018 Mission u study to put this outreach into context. The United Methodist Women YouTube Channel (<a href="https://www.youtube.com/user/umwomen/videos">https://www.youtube.com/user/umwomen/videos</a>) contains 4 videos featuring Alaskans Lisa Talbott, Fran Lynch, Bertha Koweluk and Charly Brower.

Rev. Paul Jeffrey's rich article in the May 2018 response, "History and Hope in Alaska: Changing Mission on the Last Frontier" is online (https://www.unitedmethodistwomen.org/news/history-and-hope-in-alaska), but you'll need the hard copy to see all his photos.

During 2020, Rev. John J. Shaffer regularly posted writings from the decades he and wife Barbara Dadd Shaffer spent ministering in Alaska, beginning in 1957. "King Salmon Story" is his November 2020 entry. (https://johnjshaffer.wordpress.com/2020/1 1/05/king-salmon-story/)

Whether our members' passions lie in climate, racial or economic justice, spiritual growth or advocacy on behalf of women, children and youth, this project with the NCC can get us looking outward once more. And I'm hoping your excitement will inspire you to fill out the new "Potential Leader Form" and send it my way. You will be transformed! (https://pnwumc.org/umw/wpcontent/uploads/2021/01/2021-PNWUMW-PotentialLeadersForm.pdf)

Rosanna Yates-Bailey Member, Committee on Nominations United Methodist Women Pacific Northwest Conference

### VICE PRESIDENT'S CORNER

#### **SAVE THE DATE!**

#### PACIFIC NORTHWEST CONFERENCE OF UNITED METHODIST WOMEN'S ANNUAL MEETING

#### **OCTOBER 15-16, 2021**

The conference program planning committee is once again planning on holding our annual meeting at the Bothell United Methodist Church. We are all hoping and praying that we are back in our churches and able to meet in person to celebrate, worship, educate, and share our experiences as United Methodist Women. The planning committee is currently working on speakers and workshop leaders for the meeting and would appreciate any input you could offer. At the 2020 Annual Meeting last October the group voted for Climate Justice as the #1 priority to focus on this year for our group. We are working on several possibilities for workshops but would like to offer a couple of alternatives for those interested. Please contact Sharon McDaniel, Mission Coordinator for Social Action at sharongarymcdaniel@gmail.com or 360-724-3246 or myself, Linda Key, Vice President at Lmkey1021@comcast.net or 509-830-1960. Many more details to follow.

Blessings and Peace,

Linda Key, Vice President United Methodist Women Pacific Northwest Conference

#### **EDUCATION AND INTERPRETATION**

Let me begin with a quote from "If I Should Die before I Live: Meditations for Seniors", the book the conference team is currently reading and sharing by zoom, every Friday morning.

"The King receives into fellowship those designated "sheep" and indicates ways they were present with love for others. The King's long litany begins, "I was hungry and you fed me. I was thirsty...etc. The chosen didn't remember direct calls for service, and the King says: Whenever you did one of these things to someone overlooked or ignored, that was me—you did it to me." The author, Han Nolan goes on to say "Be present: provide sewing classes for urban slum women. Be present: establish a medical clinic in a refugee shanty town. Be present!

How might we be present? I decided it was time to review our list of United Methodist Women mission agencies and determine just how we might, as a conference "be present". Well, it didn't take long. The first agency that caught my eye is the Nome Community Center. Possibly, because it is within our Greater Northwest Episcopal Area! Possibly, because forty-nine percent of the population of Nome is Indigenous and that particular segment of the population are often the most overlooked, the ones who often lack basic services, have the least support.

I have proposed to each of my District Counterparts, who have then shared the information with their local units that they reach out and provide one box (however large or small) per quarter to the Nome Community Center. I have reached out to Kimberly Bishop, Business Manager of the center and asked her to provide me a list of the most in demand items, whether they be for the food bank, the day-care center, the Elder meals program, the Senior Center, the Boys and Girls Club, Emergency Shelter. As soon as I receive her list, I will pass it on to you. I have learned that anything purchased at Amazon by someone with an Amazon Prime account can have their purchased shipped, even to Nome, AK, for free, as long as the purchase exceeds \$50.00. Goldendale United Methodist Church shipped non-perishable food and bottled water last April to Shiprock, Arizona to support the Navajo population and it worked out very well. For light weight items, such as cloth shopping bags (used to take items home from the food bank), baby blankets, hats...the best route seems to be in a Priority Mail box from USPS. I am looking into other options and will provide information as soon as I receive it.

For more information regarding Nome Community Center, go to http: //nomecc.org. If you decide to participate, shoot me a quick email and let me know. Remember, no gift is too small. Let's be good sheep!

Linda Hay — Education and Interpretation Coordinator United Methodist Women Pacific Northwest Conference



Photo is from the Nome Community Center Website.

### 2021 PACIFIC NORTHWEST CONFERENCE UNITED METHODIST WOMEN CONFERENCE CALENDAR

DATE	TIME	EVENT	LOCATION
January 10, 2021	6:00 p.m. – 7:15 p.m.	Idaho Legislative Event Part 1	Zoom
January 16, 2021	9:00 a.m. – 12:00 p.m.	Winter Conference United Methodist	Zoom
January 28-30, 2021		Conference United Methodist Women	Zoom
January 30, 2021	9:00 a.m. – 1:00 p.m.	Eastern Washington Legislative	Zoom
February 7, 2021	6:00 p.m. – 7:15 p.m.	Idaho Legislative Event Part 2	Zoom
February 11, 2021		Washington Interfaith Advocacy Day	Zoom
February 21, 2021	6:00 p.m. – 7:15 p.m.	Idaho Legislative Event Part 3	Zoom
Match 12, 2021		Spiritual Growth Retreat	
March 18-19, 2021		Spring Conference United Methodist	Zoom
March 19-20, 2021		Spring Spiritual Day Apart	Zoom
June 10-13, 2021		United Methodist Church	TBD
July 28-29, 2021		Conference United Methodist Women Executive Meeting	Selah UMC, Selah Washington
July 29-August 1, 2021		Mission u	Wesley UMC,
September 2021		Puget Sound Missional District	TBD
September 2021		Crest to Coast Missional District	TBD
September 18, 2021		Inland Missional District Annual Meeting	Spokane Valley UMC, Spokane, Washington
September 18, 2021		Seven Rivers Missional District	Chelan, Washington
September 25, 2021		SeaTac Missional District Annual Meeting	TBD
October 14-15, 2021		Fall Conference United Methodist	TBD
October 15-16, 2021		Conference United Methodist Women	TBD
May 20-22, 2022		Assembly	Orlando, Florida
2024		Western Jurisdiction Quadrennial	TBD

#### TREASURER'S MESSAGE

I want to share with you the good news that we not only made our pledge to mission as a conference but we exceeded it. We not only exceeded it but we were able to make up the difference we were short in 2019 as well. The Pacific Northwest Conference United Methodist Women had a banner year. How did we do that? Well, you all step forward with your creative ideas to raise funds for mission without incurring much expense. We couldn't meet in person or go to meetings so this was a year for little out of pocket cost. None of us could meet in person so we adapted to zoom and called on others to help us when we didn't know what we were doing with some of the new technology. You were creative and generous. Thanks to all of you who gave so generously of your time, energy and pocketbook.

Part of the year end work is getting the years materials ready to be audited. Please make that a priority whether you are a district or local unit treasurer. I have the forms and can send them to you if requested. I am here to answer questions and to help with any issues you may have.

PS The final count for donations at the Annual Meeting in October 17<sup>th</sup> was 1,580!

Kendra Smith Treasurer for United Methodist Women Pacific Northwest Conference

#### **SENDING OUT EMAILS TO A GROUP SAFELY**

Chances are you recently included your United Methodist Women members in a group email. Here's how you can do it while hiding all of the email addresses in your distribution list from the other recipients:

After you have selected the list of names to which you'll be forwarding flyers to for your next fundraiser, you'll probably have a very long list of names in the 'To' field of your email program. Complete the following steps:

- Using your mouse, highlight all of the names and email addresses appearing in the 'To' field.
- Right-click (or Ctrl+click, if you're using a Mac) on the list of names and email addresses, choose 'Cut' from the menu that appears.
- Right-click (or Ctrl+click) on the empty field next to the letters 'BCC' (case may vary), choose 'Paste'.
- If BCC isn't visible, click on the 'To' button. Somewhere in the window that appears, you will see 'BCC'; click on that to add open the BCC line at the top of your email, then paste in the names.
- Commence sending your message

#### Why is it a good idea?

Well, I'm glad you asked. Some people are somewhat particular about who gets their email address. While they don't consider it a state secret or anything, they also don't want people just handing it out willynilly to any Jessica, Jennifer or Jill on the Internet.

Using the BCC field allows you to send your email to as many people as you like without also giving each address everybody on the list. You see, once people see an email address that has received an email, they tend to assume that said person likes receiving those types of messages. Sometimes, this is true, but sometimes it isn't.

This is also a way that the wrong people get your friend's email address and start using it to send out spam to your friends and family.

When you send your message and utilize the BCC field, you're respecting the privacy of each individual recipient. This is a good thing.

So, do your United Methodist Women sisters a favor - use BCC from now on.

Jenny Bygland,
Conference Communications
Coordinator
Pacific Northwest Conference
jbygland@kentmethodist.com or
206-794-3379

#### **SOCIAL ACTION**

Social Action As we live through the COVID crisis, political unrest and possible personnel challenges, it is difficult not to feel overwhelmed and question if we have the emotional energy to work for Social Action Issues. At the same time we know that these issues remain very important. The disparities of wealth, access to healthcare and effects of climate change on the most vulnerable are even more evident than in "normal" times. Knowing that a lot of us are struggling with the stresses of our current time and knowing we need to continue our work, reminded me of a concept that was discussed in nursing classes many years ago. It is called Maslow's Hierarchy of needs. It is represented by a pyramid. Our most basic needs make up the base. The top of the pyramid is self-fulfillment. We were taught that we needed to make sure a patient's most basic needs were met first. Only then could they focus on getting well and getting life back to normal. In this time, make sure you are first meeting your basic needs with good self-care. Then you can find the energy to reach out to others and work toward the goals of fighting for Climate Justice, and Criminalization of People of Color. Tara Barnes, Response magazine editor, gives us a mantra in her article in the January-February 2021 edition, Pp. 3, "For now, we wait, we take care of one another, we trust God. For now, we hold steady."

As you "hold steady", I'd like to encourage you to attend the Legislative or Advocacy Day in your area via Zoom. The Washington Faith Advocacy Days can be found at: https://fanwa.org/interfaith-advocacy-day. To register click on the flyer for the session you wish to attend and follow instructions.

For the **Idaho Legislative Event Part II** & **III** (Part I Has already taken place.) Register at <a href="https://www.umoi.org/districtumwsage">https://www.umoi.org/districtumwsage</a> or contact gaylewoods5964@msn.com.

Check the Conference Calendar on page 4 for dates. You can check the websites for information about upcoming legislation to be aware of. Some of this will be covered the day of the events.

Sign up and participate in the *Just Energy For All* webinars at <a href="https://www.unitedmethodistwomen.org/justenergy-for-all-webinars">https://www.unitedmethodistwomen.org/justenergy-for-all-webinars</a>. They take place the 3rd Wednesday of each month.

Don't forget to register for the Spiritual Growth Retreat — March 19 through 21 for some of that SELF CARE. See the registration form in this newsletter.

Blessings to all,

Sharon McDaniel Social Action Coordinator, United Methodist Women Pacific Northwest Conference

#### PACIFIC NORTHWEST CONFERENCE UNITED METHODIST WOMEN SOCIAL ACTION PRIORITIES

#### **2021 VOTE OUT OF 94 BALLOTS:**

- #1 Climate Justice 50
- #2 Maternal & Child Health 14
- #3 Mass Incarceration/ School to Prison Pipeline 13
- #4 Immigration 10
- #5 Economic Inequality 7



#### **IDAHO LEGISLATIVE ADVOCACY EVENT - PARTS 2 & 3**

Idaho State Legislature began its annual session and they have already demonstrated that we have much work to do to protect vulnerable women and children.

To gain a better understanding of the issues that relate to United Methodist Women member's mission and ministry, you will want to participate in sessions 2 and 3 of the Idaho Legislative Advocacy Event (all virtual).

To register (you will automatically be registered for both sessions), send your name, email and home church to: gaylewoods5964@msn.com. You will receive a Zoom link the day before each session.

Please **share this** with contacts who are not a part of United Methodist Women.

#### SUNDAY, FEBRUARY 7, 2021, 7:00-8:15 PM MST, 6:00-7:15 PM

- Medicaid Funding Legislation Cristian Corza, Close the Gap
- Foster Care Legislation, housing, and other critical issues – Christine Tiddens, Voices for Children

### SUNDAY, FEBRUARY 21, 2021, 7:00-8:15 PM MST, 6:00-7:15 PM

- Tax Legislation (homeowner's exemption, circuit breaker legislation) –Cerna Rios, Idaho Center for Fiscal Policy
- Education funding and other legislation – Rod Gramer, CEO Idaho Business for Education



Handouts from the January 10<sup>th</sup>
Session are available to download on our website: <a href="https://www.umoi.org/districtumwsage">https://www.umoi.org/districtumwsage</a>.

Gayle Woods
Vice-President
Oregon-Idaho Conference
United Methodist Women

### WE WANT YOUR FUNDRAISING IDEAS!

COVID-19 has made it difficult for many of our United Methodist Women units to meet their fundraising goals. If your unit has hosted a successful fundraiser and would like to share the fundraising strategy that was used with your sisters, please contact Jenny Bygland at jbygland@kentmethodist.com. We may share it in our next *Sharing Line*.

#### **DON'T PRICE YOUR BAKE GOODS!**

Next time you have a bake sale, don't price your bake goods. Instead, ask for donations. People are more likely going to be generous, especially if they know what your fundraiser is supporting.

# THANK YOU 2020 PACIFIC NORTHWEST ANNUAL CONFERENCE WASHINGTON/IDAHO UNITED METHODIST WOMEN





FOR YOUR DONATION OF QUILTS & SHAWLS TO THOSE IN NEED!

KEEP UP THE GOOD WORK, BLESSING OTHERS AND SHARING.

#### **SPIRITUAL GROWTH**

Covid-19 has taken its toll on all of us, but Jesus said in Matthew 11:28-30 "Come to me, all who labor and are heavy laden, and I will give you rest. Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light."

Therefore, all United Methodist Women are invited to attend. This invitation includes women in local churches and friends. Join us for the 2021 Spiritual Growth Retreat, based on the book, What We Need Is Here written by L. Roger Owens. In this captivating, sometimes humorous account, we will discover seven "givens" of Christian spirituality:

Reading the Gospels

Meeting Jesus in Holy Communion

Praying the Psalms

Receiving and responding to Jesus with the body

Sitting with God in silence

Spending time with the poor

Finding Jesus in church

#### **SAVE THE DATE**

MARCH 19-20, 2021
PACIFIC NORTHWEST CONFERENCE
SPIRITUAL RETREAT

### "What We Need Is Here"

#### PRACTICING THE HEART OF CHRISTIAN SPIRITUALITY



I am very excited and pleased to announce that we have a special guest joining us on Saturday morning on Zoom – Harriet Jane Olson, CEO of United Methodist Women (see her biography on the next page.)

**Check out the Retreat Announcement and Registration. Sign up!** Your Spiritual Growth Team hopes to see new and familiar faces.

Fran Houser, Spiritual Growth Coordinator
United Methodist Women Pacific Northwest Conference
timandfran1952@gmail.com, 509-882-4239

### 2021 PACIFIC NORTHWEST CONFERENCE UNITED METHODIST WOMEN SPIRITUAL RETREAT

### "What We Need Is Here"

# PRACTICING THE HEART OF CHRISTIAN SPIRITUALITY MARCH 19-MARCH 20, 2021 VIA ZOOM

**WHY ATTEND:** Are you looking for an ever-deepening relationship with God? Are you finding challenges to growing spiritually? Plan to attend and let God be your Teacher in discovering the "givens" which will demonstrate how Jesus is enough. It offers just what you need to flourish in your life with God! Your days will include laughter, sharing, presentations, reflection, and worship. Take this time to retreat and find exactly what you need to draw nearer to God.

**SPIRITUAL LEADER:** Rev. Brenda Tudor -- "I credit the development of my church leadership skills to the United Methodist Women units and faithful who encouraged me to become an ordained elder. My passion is for social justice, education, and improving the lives of all people."

The book for required reading is: What We Need is Here, Practicing the Heart of Christian Spirituality, by L. Roger Owens. It is available for purchase from Amazon.com and Barnes & Noble. Contact Janice Catrell, our Program Resource Secretary Coordinator, if you are having difficulty getting a book. Her E-mail is: jcatrell@yahoo.com and her phone# is 360-223-5938.

You may also contact Judy Dirks, Inland District President. She has four books available for sale through her district. Her Email is: judydirks@meadowwork.com and her phone# are 208-267-3859 h / 208-661-9752 c

Harriet Jane Olson, CEO of United Methodist Women, will be joining us on Saturday morning.

YOU WILL NOT WANT TO MISS THIS OPPORTUNITY TO HEAR FROM HARRIET JANE.

E-mail your registration forms to: Susan Chamberlain at susancchamberlain@yahoo.com You can also reach her at 360-859-3740. Susan will send you the link to the Zoom Retreat after you register.



**BIO:** Harriett Jane Olson has served as chief executive officer of the United Methodist Women's national administrative and policymaking arm since 2007. United Methodist Women is a nearly 800,000-member organization within the United Methodist Church in the United States.

United Methodist Women members give about \$15 million a year for work with women, children and youth in the United States and around the world. United Methodist Women operates and/or owns the Church Center for the United Nations in New York City, a retirement home for deaconesses and missionaries in North Carolina, a publication and distribution network, and a series of mission education and leadership development events annually. Through these events and our connections around the world, United Methodist Women staff and members are inspired, prepared, encouraged and celebrated for their direct service and advocacy for justice.

A Harvard Law School graduate, Ms. Olson practiced real estate and environmental law (1983-96) at a New Jersey law firm that is now part of Day, Pitney, before working for the church full-time. From 1996-2007, Ms. Olson was senior vice-president for publishing, editor for church school publications and United Methodist Church book editor at the United Methodist Publishing House in Nashville, Tennessee.

Ms. Olson has a bachelor's degree from Houghton College in Houghton, New York, where she serves on the board of trustees.

### 2021 Pacific Northwest Conference UNITED METHODIST WOMEN SPIRITUAL RETREAT

### "What We Need Is Here"

#### PRACTICING THE HEART OF CHRISTIAN SPIRITUALITY

MARCH 19-MARCH 20, 2021 6:30 TO 9:00 PM ON FRIDAY & 8:45 TO 11:00 AM ON SATURDAY VIA ZOOM

**SPIRITUAL LEADER: REV. BRENDA TUDOR** 

#### **SPECIAL GUEST SPEAKER:**

HARRIET JANE OLSON, CEO OF UNITED METHODIST WOMEN

PRIOR TO THE RETREAT, PLEASE READ THE BOOK,
WHAT WE NEED IS HERE BY L. ROGER OWENS
AVAILABLE THROUGH AMAZON OR BARNES & NOBLE

#### REGISTRATION FORM FOR ZOOM SPIRITUAL GROWTH RETREAT

Name				_
Address				_
City		State	Zip	
Phone				_
District	_ Church			
United Methodist Women Officer Yes ☐ No ☐				
Please list local/district office. Local	District			

#### **REGISTRATION DEADLINE: MARCH 12, 2021**

**Email Registration form to:** 

Susan Chamberlain at susancchamberlain@yahoo.com

Phone: 360-859-3740

#### **JOIN US ON FACEBOOK**



Our FACEBOOK
PAGE helps us
promote
upcoming District,
Conference,
Western

Jurisdiction and National Events. It is also a great place to share and learn about Social Issues and Action Alerts.

**Help us utilize this tool** in our mission work by sharing local events or social issues that you are aware of. Find this information and more at our website: pnwumc.org/umw.

### PACIFIC NORTHWEST CONFERENCE UNITED METHODIST WOMEN OFFICERS FOR 2021

President: Ja net' Crouse Vice President: Linda Key Secretary: Kelsey Julander Treasurer: Kendra Smith

**Communications Coordinator:** Jenny Bygland **Education & Interpretation:** Linda Hay

Membership, Nurture & Outreach: Program Resources: Janice Catrell Spiritual Growth: Fran Houser Social Action: Sharon McDaniel Nominations Chair: OPEN

Nominations Member: OPEN

Nominations Member: Carol Gruen

Nominations Member: Rosanna Yates-Bailey

Nominations Member: Kay Shaben

## OTHER UNITED METHODIST WOMEN RESOURCE ONLINE

www.UnitedMethodistWomen.org

Facebook.com/UMWomen

Facebook.com/pnwumw

Instagram.com/UMWomen

UMWomen Twitter.com/ UMWomen

Youtube.com/user/UMWomen

Flickr.com/photos/UMWomen

#### LIMWoman Twitter com/

Oak Leaves Photo by <u>Daniel Frank</u> from <u>Pexels</u>

#### **SIGN UP FOR YOUR NEWSLETTER**

**THE SHARING LINE** is the newsletter of the Pacific Northwest Conference United Methodist Women published four times a year. Complimentary copies are sent to the following: Pacific Northwest Conference leaders, local unit presidents, District officers, Conference officers, pastors and District Superintendents.

This newsletter is available online at <a href="mailto:pnwumc.org/umw">pnwumc.org/umw</a>. To receive email notification when new issues are published, or you wish to receive an email copy, send your email address to: Jenny Bygland at jbygland@kentmethodist.com

#### **NEWSLETTER DEADLINE**

Anything for the <u>Spring Newsletter</u> should be emailed to Jenny Bygland (jbygland@kentmethodist.com) by <u>Monday</u>, March 22. *Late articles will be included as space permits*. No submissions will be accepted after noon on Friday, March 26.

#### THE SHARING LINE

UNITED METHODIST WOMEN
PACIFIC NORTHWEST CONFERENCE
PO BOX 13650
DES MOINES WA 98198



I wait for the LORD, my soul waits, and in his word I hope ...

### THIS ISSUE

REGISTER FOR THE
2021 SPIRITUAL DAY APART
PAGE 11 & 12

Psalm 130:5, ESV