### **#DEEP: CONVERSATIONS**

### WITH THE SPEAKER

Join our speaker Rev. Hannah Adair Bonner for a deeper look into the theme of this year's Convo.

### **ASK THE PASTOR**

What questions about church or faith leave you scratching your head? This workshop is an opportunity to ask a Pastor and explore some answers.

### **BIBLE BASICS**

We'll begin to crack the code to understanding one of the greatest books of all time, the Bible. How do we read, understand, and relate to it.

# BOFFING: FUN WITH FOAM...SWORDS

You have been cordially invited to join our melee, in which brave combatants shall battle with the finest foam swords we could make.

# BULLYING: HOPE IN A HOPELESS WORLD

We'll explore reasons young people feel down and desperate. How we, youth, can help and offer hope.

### **COOKIES EDIBLE DECORATING**

Who doesn't love a deliciously sweet and beautifully decorated cookie? In this workshop we will walk through decorating steps, demonstrate basic techniques, and then we'll practice on their own cupcakes or cookies.

### **CRAFTS**

Explore your artistic ability and bring your inner artist out at Convo 2018!

### **DRAMA, GAMES & IMPROV**

Here you will learn through various improvisational games how to think on your feet, take direction and work well with others in a creative setting. All are welcome, beginner to experienced.

### GAMES PUT IT ALL ON THE TABLE

Come join in some board games, card games, relax, and have FUN.

# 30NVO 2018 **WORKSHO**





### **GIFTS OF IMPERFECTION**

Join this workshop as we explore the idea that if we let go of who we think we are or should be it will help us better embrace who we really are.

### **HISTORY**

Learn more about the history of Christianity.

### **LABYRINTHS**

Learn more about Contemplative Spirituality practices including labyrinths.

## LEARN TO BECOME A BETTER

### **LEADER**

Learn how to be a better leader in your church, in your school, in your community, and in the world.

### **MARIO**

Think you're the fastest racer behind the wiimote wheel? Compete in a **Mario Kart** Wii **tournament** in this Convo workshop.

### PHOTOGRAPHY EVERYDAY

Learn tips and tricks for using the cell phone you always have with you for compelling photos. Minimum requirement: Camera Phone.

### **ULTIMATE FRISBEE**

Build teamwork and have a lot of fun playing Ultimate Frisbee with friends!

### **VIDEO STORYTELLING**

This hands-on workshop explores the critical balance of artistic and technical knowledge that results in a compelling visual story. Minimum requirement: Camera Phone.

### YOGA, BE INSPIRED!

Why yoga? Yoga is different for everyone. It can enhance every part of your life: physically, emotionally and spiritually. Yoga brings balance and awareness to self and those around you. We will learn about breath, daily meditation practices, and compassionate communication